

## *A Day in the Life of a Frontier Child*

Experience what life was like for children living on the American Frontier in the late 1800s. Discover the chores they did, games they played, jokes that they told, the clothes they wore, the education they received and more. (Class limit: 30)

Tue 11/2/21, 10:00 AM-11:30 AM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Peter Booth



Retired museum professional who loves the study of history and culture of diverse peoples.

## *After Communism: Case Study in Country of Georgia*

Course presents a brief history of Georgia for context: including the Soviet period; its emergence in 1991 as a new Democracy; the economic, social and political difficulties faced; and finally a look into the possible future for the country. (Class limit: 40)

Mon 10/11/21, 6:00 PM-8:00 PM

*Unitarian Universalist  
536 Ouray Avenue  
Grand Junction, CO 81501*

Ken Mabery



Ken worked 40+ years for the National Park Service that included international assignments.

## *Aging with Mary Oliver*

Using poetry as a catalyst, the class will discuss issues related to aging, beginning with Mary Oliver's poem, "The Summer Day," which asks wondrous questions such as, "Tell me, what is it you plan to do with your one wild and precious life?" Other poets will help us explore the impact of grief and loss on our own aging process and view of the future as well as other questions. (Class limit: 15)

Wed 9/29/21, 10:00 AM-12:00 PM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Lyn Fraser



Lyn has taught at Texas A&M University and Colorado Mesa University. She is the author of a book on the psalms and a mystery novel.

## *Aging: From a New Perspective*

We often think about aging and "old age" from an individual perspective, but our experience and attitudes about aging are profoundly shaped by social, economic, and political circumstances throughout our lives. With a group of Colorado Mesa University sociology students, we will discuss studies of aging along with our own experiences and observations. Together, we will work toward a vision of what is necessary to create a healthy and productive older population. (Class limit: 50)

Tue 10/19/21, 1:30 PM-3:30 PM

*Unitarian Universalist*  
536 Ouray Ave  
Grand Junction, CO 81501

Brenda Wilhelm, PhD



Professor of Sociology,  
Colorado Mesa University.

## *Basics of Buddhism and Meditation*

This class will provide a brief introduction to Buddhist history, ideas, and practices. Buddhism was founded 2500 years ago by Gautama Buddha in Northern India. It has become a major world religion with over 495 million followers worldwide. Meditation is an essential component to Buddhism so each class will include a short meditation session. (Class limit: 20)

Fri 10/1/21, 10:00 AM-11:30 AM  
Fri 10/8/21, 10:00 AM-11:30 AM  
Fri 10/15/21, 10:00 AM-11:30 AM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Anne Saunders



Anne has been a student of Buddhism since her early 30's and continues to find meaning in its philosophy and practices.

## *Beginner/Refresher Zoom Class*

This class is for members who have registered for a class offered on Zoom who are unfamiliar with Zoom or want a review of the Zoom features used in New Dimensions classes. Functions like raising hands, participating in chat, how to mute and unmute yourself, ways to customize your view, and the use of video filters and backgrounds will be covered. Zoom can be used on a computer, tablet, or smartphone and this session will provide instruction for these different devices. (Class limit: 30)

Thu 9/23/21, 10:00 AM-11:00 AM

*Zoom*

Dave Karisny

Tech Support for New  
Dimensions

Paul Van Camp

Tech support for New  
Dimensions

## *Beginning American Mah Jongg*

Learn the basics of American Mah Jongg using the National Mah Jongg Associations card of possible hands. By the end of the sessions you will be playing Mah Jongg. Participants will be expected to purchase the 2021 card of Mah Jongg hands for \$9 payable at the first class. (Class limit: 16)

Tue 10/5/21, 9:00 AM-11:00 AM  
Tue 10/12/21, 9:00 AM-11:00 AM  
Tue 10/19/21, 9:00 AM-11:00 AM  
Tue 10/26/21, 9:00 AM-11:00 AM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Kim Sutherland



Kim is an experienced player and instructor of Mah Jongg.

## *Bitcoin, Blockchain and Cryptocurrency: an Introduction*

Introduction to Bitcoin, Blockchain, and Cryptocurrency. How does it work? What are the implications of these technologies to the future of money?

Class on Thursday, Sep 30, 2021 (Class limit: 40):

Thu 9/30/21, 6:30 PM-8:00 PM

*Koinonia Church Sanctuary  
730 25 Road  
Grand Junction, CO 81505*

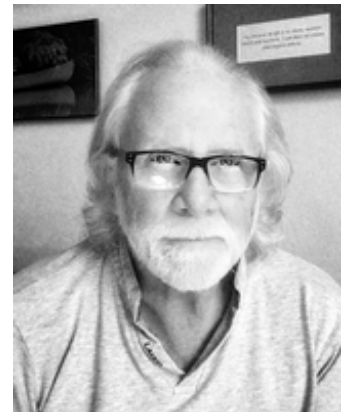
- OR -

Class on Thursday, Oct 7, 2021 (Class limit: 40):

Thu 10/7/21, 6:30 PM-8:00 PM

*Koinonia Church Sanctuary  
730 25 Road  
Grand Junction, CO 81505*

Tom Sawyer



Retired software and technology strategist; inventor; author.

## *Bridge Booster Shot*

Bridge is fun. It can also be challenging. This course is designed to refresh bridge skills for returning and intermediate players who want to upgrade their game. Bidding and card play (by declarer and defenders) will be reviewed. The instructors plan to be flexible, adjusting the lessons to the students' needs. We will review old systems and introduce new systems and conventions. (Class limit: 12)

Wed 9/29/21, 2:00 PM-4:00 PM  
Wed 10/6/21, 2:00 PM-4:00 PM  
Wed 10/13/21, 2:00 PM-4:00 PM  
Tue 10/19/21, 2:00 PM-4:00 PM  
Wed 10/27/21, 2:00 PM-4:00 PM  
Wed 11/3/21, 2:00 PM-4:00 PM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Paul Hackbert



Bridge enthusiast.

Bill Schultz



Bill became a Bridge life master in 1994.

## *Cannabis and CBD: The Business*

The Business of Cannabis and CBD will address the basic aspects of licensing and opening a cannabis and CBD business in Colorado including a discussion of the regulations relating to State tracking, point of sale restrictions, manufacturing, third party testing, audits, reporting, transaction limits, packaging, labeling and advertising. The class will also discuss the different types of products that can be sold. (Class limit: 100)

Mon 10/25/21, 10:00 AM-11:30 AM

*Zoom*

Colleen Scanlon



Colleen Scanlon-Maynard is a co-owner of The Happy Camper Cannabis Co.

## *Colorado Mesa University Tour*

Tour the ever-expanding Colorado Mesa University. We will visit the new Maverick Hotel and hear about new programs and degrees. (Class limit: 20)

Mon 10/4/21, 11:00 AM-12:00 PM

*Colorado Mesa University Campus*

Melissa Tolson

Melissa is the Manager of Orientation and Campus Visitation Programs.

## *Colorado Plateau Rock Units: an Introduction*

This class will identify the major rock units visible on the Colorado Plateau, provide enough context for participants to be able to identify the rock units, and examine the depositional environments of them. A bit of interesting trivia will be provided. (Class limit: 40)

Mon 9/27/21, 5:00 PM-6:30 PM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Ken Mabery



Ken worked 40+ years for the National Park Service that included international assignments.

## *Colorado's Great Depression Gold Rush*

This class will look at the easy money policies that led up to the U.S. depression and discuss President Hoover's response to what became a world-wide Great Depression. It will explore the unique modern day gold rush that took over the Alma Mining District while President Roosevelt struggled to calm the fears of the American people. It will also follow the ups and downs of George and Robert Elder's London Mountain Gold Mining Company from 1931 to 1936, discussing FDR's controversial gold policies and his frustrations with a slow economic recovery. (Class limit: 31)

Thu 10/7/21, 10:00 AM-12:00 PM  
Thu 10/14/21, 10:00 AM-12:00 PM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Larry Frank



Larry has been an engineer, curator of a mining museum, mountain tour director, and author.

## *Cribbage for Beginners*

Cribbage is one of the best two-handed card games, and one of the most enduring, for the game was entertaining players as far back as the 17th century. It involves playing and grouping cards in combinations which gain points, using a cribbage board for score-keeping, and learning the unique scoring system. It is recommended that a knowledge of cards prior to this class is helpful. This class will teach you the basics or refresh your knowledge to be able to enjoy one of the best card game pastimes. (Class limit: 10)

Mon 10/4/21, 1:00 PM-3:00 PM  
Mon 10/11/21, 1:00 PM-3:00 PM  
Mon 10/18/21, 1:00 PM-3:00 PM  
Mon 10/25/21, 1:00 PM-3:00 PM

*Unitarian Universalist  
536 Ouray Avenue  
Grand Junction, CO 81501*

Tony Hober



Serious amateur photographer shooting primarily wildlife and scenic views and a member of the American Cribbage Congress who loves to share and teach this fun game.



## *Crime Fiction: How Fast Is Too Fast?*

Pacing or rhythm is an essential element in any well-written crime fiction story. As the thriller genre continues to gain in popularity, the pace of crime fiction quickens. Questions to consider for class discussion: Do you prefer a more leisurely traditional mystery pace with a detective or detective(s); or an accelerated page-turning contemporary thriller pace with the protagonist often in a suspended state of danger? Does the pace make any significant difference in how you assess the quality of the crime fiction novels you read? Participants will be asked to read two current crime fiction novels, one a thriller and the other a traditional mystery for class discussion. Titles of the optional readings will be sent as soon as the instructor has a class list. (Class limit: 15)

Mon 9/27/21, 10:00 AM-11:30 AM  
Mon 10/4/21, 10:00 AM-11:30 AM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Lyn Fraser



Lyn has taught at Texas A&M University and Colorado Mesa University. She is the author of a book on the psalms and a mystery novel.

## *Democracy in Theory And Practice: What Makes Democracy Work?*

In this three session course Dr. Casey will explore the concept of citizenship from its democratic origins in the 5th century Athens to the present day, discussing how it has evolved as a concept and what impact those changes have made on various political systems. The idea of citizenship often moves beyond a person possessing a bundle of rights that must be respected to also include the responsibilities citizens have to the state and to actively engage in democratic governance. This topic is always important in a democracy particularly one that highlights distinctions between citizens and non-citizens regarding immigration and other policy matters. (Class limit: 35)

Mon 10/18/21, 2:00 PM-3:30 PM  
Mon 10/25/21, 2:00 PM-3:30 PM  
Mon 11/1/21, 2:00 PM-3:30 PM

*Zoom*

Tim Casey



Dr. Tim Casey has been a Professor of Political Science at CMU since 1996.



## *Discovering Early Post offices in Mesa County*

The early days of Mesa County saw the development of remote mining towns, communities, and post offices. Some of the post offices have stood the test of time while others were more short-lived. Learn about some of the lesser known historic post offices in Mesa County, how they came to be, and the communities they served. (Class limit: 30)

Mon 10/25/21, 3:00 PM-4:00 PM

*Community Room at the Central Library  
443 N. 6th Street  
Grand Junction, CO 81501*

Ike Rakiecki



Ike is a librarian who is responsible for the Rashleigh Regional History Room at MCPL.

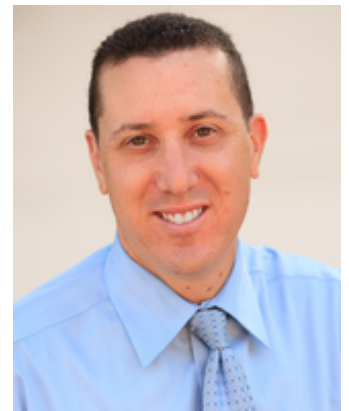
## *District Attorney: A Look inside the Office*

The District Attorney will review his role in our community, major cases being handled, current challenges, and crime trends in Mesa County. He will also discuss his role with many of the social services in Mesa County. (Class limit: 50)

Thu 10/7/21, 10:00 AM-11:00 AM

*Unitarian Universalist  
536 Ouray Avenue  
Grand Junction, CO 81501*

Dan Rubinstein



Elected District Attorney for the 21st Judicial District.

## *Drones: How did we get here and where are we going?*

What developments in technology led to the advent of drones and how did they come to be widely used today. Where and how will that use be expanded into the future. (Class limit: 50)

Thu 11/4/21, 1:00 PM-2:30 PM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Ben Miller



Director, Center of Excellence  
for Advanced Technology  
Aerial Firefighting. State of  
Colorado

## *E-bikes for (not so) Dummies*

This class will cover the basics of e-bike technology, drive systems, power options, and what to look for before purchasing a bike. We will discuss some of the available options based on your preferred riding style and where you would like to ride. We will have a variety of bikes for you to look at and even hop on for a short test ride! The classroom session will provide an overview of everything you've always wanted to know about e-bikes. Attendees will also have the option of scheduling a more in depth test ride to fully explore the fun and adventure of riding an e-bike. (Class limit: 25)

Thu 10/7/21, 12:00 PM-2:00 PM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Jane Quimby



Jane Quimby is an avid  
cyclist and passionate E-bike  
convert

Justin Manupelia



Sales manager for Colorado  
E-Bikes, a local bike shop.

## *Ecological Restoration for the Rest of Us: Best Practices for Implementing the UN Decade on Restoration at a Local Scale: Part 1*

The focus of this course, both lecture and field experience, is ecological restoration. According to the Society of Ecological Restoration, we are trying to initiate or accelerate ecosystem recovery following damage, degradation, or destruction. In order to do this we need to first identify what is causing the damage, degradation, or destruction and then implement change to stop and reverse these damaging processes.

We will identify factors that indicate when damage to an ecosystem has pushed it beyond a threshold (biological and physical) such that it is unable to recover on its own and then what actions a restoration practitioner can implement to best assist its recovery.

My philosophy follows from the textbook that I have used in my Restoration Ecology class at CMU: using a low input, ecological approach to restoration with a focus on repairing damage as necessary and using native species is more favorable in our western ecosystems due to lack of natural resources and financial resources. Historically, many restoration attempts focused on a high input, agronomic approach.

In the field experience, I will guide you through an assessment of a damaged site using a semi-quantitative approach. (Class limit: 50)

Tue 10/5/21, 1:00 PM-2:00 PM  
Wed 10/6/21, 1:00 PM-2:00 PM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Tamera Minnick



Professor of Environmental  
Science, Colorado Mesa  
University.

## *Ecological Restoration for the Rest of Us: Best Practices for Implementing the UN Decade on Restoration at a Local Scale: Part 2*

The pre-requisite for this class is the "Ecological Restoration for the Rest of Us" lecture class. It is a smaller class and is open to the first people from Part 1 to register.

In a field setting, we'll consider tying Ecological Restoration Goals to native ecosystem processes. We'll go deeper into crossing biotic and abiotic thresholds and using positive feedbacks during restoration to move ecosystem function to gain back primary process function (soil and site stability, hydrologic function and biotic integrity). In the field, we'll look at a disturbed site and get a sense of how to determine primary process functioning using a semi-quantitative approach. (Class limit: 20)

Fri 10/8/21, 8:30 AM-10:30 AM

*It is a field experience and location will be announced.*

Tamera Minnick



Professor of Environmental Science, Colorado Mesa University.

## *Ecosystem Change in the Grand Valley: How Settlement and Invasive Species have Changed Western Colorado*

The Grand Valley has changed greatly over the past 200 years. This talk will explore the changes in the vegetation of the area including the impact of the early explorers and fur traders, the first white settlers, grazing, and introduction of non-native species. Finally, the talk will conclude with the impact of non-native species, efforts to control these, and what the future may hold for the area. (Class limit: 40)

Wed 10/20/21, 6:00 PM-7:30 PM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Stephen Stern, Ph.D.



Associate Professor of Biology at CMU who teaches numerous classes.

## *Energy Use in the United States*

Would you like to know how much energy the US uses as a total and by which primary sources (coal, oil, natural gas, renewables, etc.) and a secondary source (electricity)? The class will look at how those energy sources are used (transportation, residential, commercial, industrial), how energy use by source is changing over the years, and how they cycle over seasons, and over a day (as data is available for daily use). The data will show the impact of the Covid pandemic on energy use in 2020. The class will work through a thought problem examining what individuals will have to do to phase out fossil fuels. (Class limit: 50)

Tue 10/26/21, 6:00 PM-7:30 PM  
Thu 10/28/21, 6:00 PM-7:30 PM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Stan Zygmunt



Stan is a retired Chemical Engineer with experience in energy and environmental compliance.

## *Fly an Electric Remote Control Airplane*

Ever wanted to try flying a remote control airplane? Here's your chance. This class starts with a 1.5 hour lecture in the instructor's shop where you will be introduced to the components used in electric RC flying, the basics of plane control, and the rules and regulations for safe flying. The lecture is followed with several flying sessions at the Grand Junction Modeleers flying field where you will be teamed with experienced pilots that, with the help of "buddy-boxes", help you fly an electric RC plane. The instructor will provide the equipment needed. Flying sessions depend on weather, so while the schedule includes flying session dates and times, some may be cancelled due to weather and other times offered as needed and as weather patterns dictate. Students do not have to attend all the flying sessions offered, just as much as your interest dictates. (Class limit: 8)

Thu 10/7/21, 9:30 AM-11:00 AM

Stan Zygmunt

*Instructor's shop at his house in the Redlands. Address will be provided to class participants.*

Thu 10/14/21, 10:00 AM-12:00 PM

Thu 10/21/21, 10:00 AM-12:00 PM

Thu 10/28/21, 10:00 AM-12:00 PM

*Grand Junction Modeleers Flying Site  
3320 Whitewater Hill Road  
Grand Junction, CO 81503  
Directions will be provided at the lecture class.*



Stan is a retired Chemical Engineer with experience in energy and environmental compliance.

## *Found Object Art Works*

From beads to bottlecaps, tinfoil to toys, artists have used many nontraditional materials to express themselves and create art. This videoconference covers how artists use everyday materials, vision and imagination, storytelling, and a sense of place. (Class limit: 30)

Tue 10/12/21, 2:00 PM-3:00 PM

Smithsonian American  
Art Museum

*Zoom*

## *From Baseball to the Bible: The Life and Times of Billy Sunday*

Doug Mishler, a professional Chautauquan performing at the Museums of Western Colorado History Alive festival, will entertain with a short cameo as Billy Sunday and then conduct a discussion that will examine how Billy Sunday's early years of privation, alcohol abuse, and loneliness shaped his years in the pulpit. We will explore how his need for safety, social harmony, and family drove him forward to confront man's sins. We will also discuss how his baseball career offered him a template for his form of muscular Christianity. For Mr. Sunday, redemption could only be garnered by confronting one's sins through many vigorous actions. In essence we will examine how baseball and loneliness became the building blocks of Billy Sunday's career. (Class limit: 150)

Fri 10/22/21, 11:00 AM-12:30 PM

*Grand Valley Event Center (Masonic Lodge)  
2400 Consistory Court  
Grand Junction, CO 81501*

Doug Mishler



Professor, Thespian, Director,  
Re-enactor of over 30  
historical characters

## *Future of Local News and Local Newspapers in a Digital Age*

Jay will discuss his views about what local news and newspapers will look like in the near future including his views about where newspapers must go to survive. (Class limit: 40)

Tue 10/26/21, 9:00 AM-11:00 AM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Jay Seaton



Publisher, The Daily Sentinel



## *Geologic Driving Tour of Colorado National Monument*

The driving tour will give an overview of the geologic concepts and processes that created and continue to shape the Colorado National Monument. The tour will stop at five locations where Larry Anna, a Professional Geologist, will explain the processes that formed and shaped the various rock strata resulting in the incredible beauty of the Monument. He will also discuss how the Monument fits in with the forming of the Grand Valley. A handout will aid identifying the different rock strata and the instructor will explain the processes that formed the different rock layers. The instructor will point out areas of rock folding and faulting.

This is a carpool tour and includes a short easy walk (Class limit: 14)

Wed 10/13/21, 9:00 AM-12:00 PM

*Meet at the Monument Village Shopping Center parking lot, 2148 Broadway (HWY 340). This is a carpool trip. The instructor and host will provide two cars. Attendees are asked to provide two additional cars.*

Lawrence Anna



Larry Anna is a professional geologist with 35+ years of experience including groundwater.

## *Geologic Story of Zion National Park*

Through this program, you will gain an understanding of the unique and complex geologic story of Zion and the southwest. You will learn about Zion National Park and the National Park Service as you interact with a ranger. After an introduction to the National Park Service emblem and meaning, the ranger will discuss the geologic story of Zion, and share the ecology, wildlife, and history of Zion National Park. There will be time for questions at the end of the program. (Class limit: 35)

Tue 10/5/21, 10:00 AM-11:00 AM

*Zoom*

Zion National Park  
National Park

A Zion National Park Ranger  
will lead this class

## *Geology of Western Colorado*

This is an introduction to learn about the rocks that make up our region. It will touch on historical geology and plate tectonics. There will be a discussion of the local fossils that are found in the area. Geologic periods and opportunities for geologic questions. The trail is rocky and has a steep hill. Good hiking or tennis shoes recommended.

When choosing hikes or nature walks, we encourage you to read the course descriptions carefully and be honest when evaluating your capability to participate. Please consider whether: you are adapted to the elevation; you have been hiking or walking regularly; you usually hike or walk a similar distance and on the types of terrain described; you have balance or breathing issues; and you can keep up with a group; etc. Your careful consideration of these factors will ensure that you will be able to complete the hike or walk as described without any serious issues. (Class limit: 15)

Fri 10/8/21, 11:00 AM-12:30 PM

*We will meet at the north end of Tabaguach Trails parking lot on Monument Road. The trail is rocky and has a steep hill. Good hiking or tennis shoes recommended. Limit is 15 students.*

Steve Clark



Degree in geology, docent at Dinosaur Journey, mental health therapist, retired teacher. Has studied meditation/walking meditation.

## *Gilsonite, the "Magic Asphalt", A Local History Story*

Gilsonite is a unique, naturally-occurring asphalt found in bizarre formations in the Uintah Basin. Looked over for years, Gilsonite was effectively discovered in the 1880s when creative minds found its uses and value. The course covers what Gilsonite is and the wild history of how it was mined and moved to market. Find out why investors sank serious money into building the world's steepest and crookedest railroad across the Bookcliffs. Learn how the names Mack, Baxter, and McAndrews are related to Gilsonite. Find out what Henry Ford, Aldophus Busch, gasoline, chewing gum, wet sheep, 80,000 bricks and United Kingdom nuclear reactors have in common. And find out what the remnants of the refinery west of Fruita are about. (Class limit: 50)

Fri 10/8/21, 1:00 PM-3:00 PM  
Fri 10/15/21, 1:00 PM-3:00 PM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Stan Zygmunt



Stan is a retired Chemical Engineer with experience in energy and environmental compliance.

## *High Altitude, High Risk: Challenges of the Colorado Grape & Wine Industry*

A look at the Grand Valley's grape and wine industry, the challenges and successes. (Class limit: 50)

Tue 11/2/21, 6:30 PM-7:30 PM  
Thu 11/4/21, 6:30 PM-7:30 PM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Horst Caspari



Horst is the CO State Viticulturist with CSU located here in the Grand Valley.

## *Hike Black Ridge Canyon Wilderness*

Michael would like to share one of his favorite hikes. It is a moderately strenuous hike of about 4 miles. After an initial, gradual elevation gain, the trail becomes relatively level with views of the canyons below. The trailhead is shared with Devil's Canyon in the Black Ridge Canyon Wilderness area.

When choosing hikes or nature walks, we encourage you to read the course descriptions carefully and be honest when evaluating your capability to participate. Please consider whether: you are adapted to the elevation; you have been hiking or walking regularly; you usually hike or walk a similar distance and on the types of terrain described; you have balance or breathing issues; and you can keep up with a group; etc. Your careful consideration of these factors will ensure that you will be able to complete the hike or walk as described without any serious issues. (Class limit: 12)

Fri 10/1/21, 9:00 AM-12:00 PM

*To access the trail from Grand Junction, take I-70 west to the Fruita exit (#19), turn left and cross back over I-70 and go 1.5 miles to the Kings View Estates subdivision. Turn right, in to the subdivision and stay on the main road. It's approximately .5 miles to the Devils Canyon trail turnoff, on your left. Meet at the kiosk.*

Michael Wallace



Passionate to discover whatever is around the next bend in the trail and over that hill.

## *History of Fruit and Wine in Palisade*

This interesting zoom class features photos and information from the Palisade Historical Society's collection about Palisade's rich agricultural history. In addition to learning how peach growing has changed from when it started in the 1880s, Palisade's more recent history as the heart of Colorado's wine industry is also detailed. A timeline of key agricultural events will be in a PDF handout. (Class limit: 30)

Fri 10/22/21, 9:30 AM-11:00 AM

*Zoom*

Priscilla Walker



Priscilla is a Colorado native and the founding chair of the Palisade Historical Society.

## *Homestead Act of 1862*

The Homestead Act of 1862 had far reaching impacts on the United States including western expansion, immigration, technological innovation, transforming the Great Plains into the "Bread Basket of the World", and forever altering the way of life of American Indians. In this lesson a park ranger will explore the history leading up to the Homestead Act of 1862, examine the requirements for making a claim and receiving a patent, and think critically about the far reaching impacts of the significant piece of legislation. (Class limit: 35)

Wed 9/29/21, 1:00 PM-2:00 PM

*Zoom*

Eric Van Vleet

Education Program Specialist  
for Homestead National  
Historical Park

## *How to Survive COVID and Thrive in a Poorly Immunized, Mostly Unmasked Community*

Active participants will understand: concepts of uncertainty and risk acceptance, breakthrough infections, masks (mask mandates, which masks to wear and when), booster vaccines (Is it time for a 3rd dose?), Delta variant (it changed the game), vaccine mandates, lessons from Provincetown. What do you need to know about travel, restaurants, concerts, and gyms. Have you applied for your passport? The end game: what will our world look like in 3 years?

There will be plenty of time for your comments and questions.

Class will be in person with an option to switch to Zoom at instructor's discretion. If it becomes a zoom class members will be notified. (Class limit: 8)

Mon 10/4/21, 10:00 AM-11:30 AM

*Primary Care Partners  
3150 North 12th Street  
Grand Junction, CO 81506*

*Garden Level Conference Room*

Phil Mohler



Retired family physician.

## *John McConnell Eureka Science Museum: Understanding Science Exhibits*

Come tour the John McConnell Eureka Science Museum and learn the science behind the exhibits.  
(Class limit: 25)

Mon 10/18/21, 1:00 PM-2:30 PM

*Eureka Science Museum  
1400 North 7th Street  
Grand Junction, CO 81501*

Briana Board



Program Director for Eureka!  
Science Museum

## *K-9 Dogs: Learn about the Dogs and their Officers*

Officer Joey Gonzalez will share information about K-9 dogs, where the dogs come from, and the unique way of training them. He will talk about using dogs to track drugs and, of course, perpetrators. He and his dog Merlin will show bite techniques and possibly search tactics if weather permits. (Class limit: 40)

Thu 10/7/21, 1:00 PM-3:30 PM

*First Presbyterian Fellowship  
3940 27 1/2 Road  
Grand Junction, CO 81506*

Joey Gonzales



Officer Joey is the K-9 Officer  
for the Grand Junction Police  
Department.



## *Late Migrants--Raptors, Sparrows, and Waterfowl*

The class will travel to various birding sites and hotspots searching for raptors, sparrows, and waterfowl that move into the Grand Valley from the North to spend the winter. Participants must provide their own binoculars and be able to walk 1-2 miles on uneven trails. Participants are encouraged to attend all three sessions as there is usually a waiting list and we want to include members who can attend all three classes. (Class limit: 10)

Wed 10/20/21, 8:00 AM-12:00 PM  
Wed 10/27/21, 8:00 AM-12:00 PM  
Wed 11/3/21, 8:00 AM-12:00 PM

*Each class will meet in the southwest corner of the Redlands Safeway parking lot near the start of the walking trail.  
2512 Broadway  
Highway 340  
Grand Junction, CO 81507*

Mike Henwood



Colorado Ornithologists; Field guide Audubon of Greater Denver and the Grand Valley

Kathleen McGinley



Avid birder, assists with Grand Valley Audubon field trips.

## *Living Room Conversations*

Living Room Conversations provides a simple, sociable and structured way to practice communication across differences. Class members will learn and use a civil discourse process that is foundational for building relationships and broadening perspectives. The purpose of the class is to encourage participants to listen to understand rather than debate and convince others when sharing perspectives on difficult or controversial subjects. (Class limit: 15)

Mon 10/18/21, 2:00 PM-4:00 PM  
Wed 10/20/21, 2:00 PM-4:00 PM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Annette Ferriole



Annette is a certified mediator and founder of Peacemaking Resource.



## *Major Ecosystems of Western Colorado*

Plants in western Colorado face a variety of stressors from temperature, to water availability, to salinity. In this talk, we will overview the various habitats in western Colorado, how each habitat presents unique challenges, the dominant vegetation, and some of the special plants found in each. (Class limit: 50)

Mon 10/25/21, 6:00 PM-7:30 PM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Stephen Stern, Ph.D.



Associate Professor of Biology at CMU who teaches numerous classes.

## *Making Theatre: A Look at the Process of Creating CMU's Theatre Season*

This class looks at the process of creating a full theatrical season at CMU's Moss Performing Arts Center. Students will learn about the entire year of productions, from the beginning stages of selecting a season, to casting and conceptualization, and ending with a look inside rehearsals for CMU's production of the farcical play ROOM SERVICE." (Class limit: 30)

Tue 10/19/21, 6:00 PM-8:30 PM

*Moss Performing Arts Center on the CMU campus.*  
1221 N 12th Street  
Grand Junction, CO 81501

Jeremy Franklin



CMU Director of Musical Theatre; Bachelor of Music in Vocal Performance

## *Mesa County Blueprint to End Hunger*

Hunger is here in Mesa County. Come learn about Mesa County's comprehensive and community-wide action plan to address food insecurity here where we live. Developed by a coalition of 20 local hunger relief organizations over several years, Mesa County's efforts have attracted the attention and funding of government, business and social service leaders across the state. Get your own copy of the Blueprint and learn what the needs are and what is going on to address this basic human need. (Class limit: 50)

Mon 10/4/21, 8:30 AM-10:00 AM

*Unitarian Universalist  
536 Ouray Avenue  
Grand Junction, CO 81501*

Anne Wenzel



President/CEO of Western Colorado Community Foundation for 20 years.

Jody Valente



Program Associate for the Western Colorado Community Foundation.

## *Monument Hike: No Thoroughfare Canyon*

No Thoroughfare Canyon is one of the most remote canyons in the monument. Located off the Devil's Kitchen lower parking area; we will hike two miles in to the first waterfall and then back for a total of 4 miles (approximately three hours). Unfortunately due to the time of year and the drought, there will likely be no water at the waterfall. Although there is little elevation change the trail is uneven with multiple rock step-ups and corresponding step-downs on the way back so being comfortable with uneven terrain is important.

When choosing hikes or nature walks, we encourage you to read the course descriptions carefully and be honest when evaluating your capability to participate. Please consider whether: you are adapted to the elevation; you have been hiking or walking regularly; you usually hike or walk a similar distance and on the types of terrain described; you have balance or breathing issues; and you can keep up with a group; etc. Your careful consideration of these factors will ensure that you will be able to complete the hike or walk as described without any serious issues. (Class limit: 10)

Tue 10/5/21, 1:00 PM-4:00 PM

*From the east entrance, travel 0.2 miles (0.3 km). Limited parking is on the left. For additional parking turn right into the Devils Kitchen Picnic Area.*

*Ride shares can be arranged for those without a Monument pass.*

Dave Orton



Dave is an outdoor enthusiast who has led a variety of hikes over the years.

## *Movies: Mad About Film*

We will show films from several different genres. Films are mainly selected from American Film Institute's 100 greatest American movies of all time. Most films shown are considered "classics" and have earned this designation based on critical analysis and acclaim, not necessarily popularity. The presenter will preview the film and facilitate a brief discussion following the showing. The New Dimensions' film license prohibits publishing or marketing film titles in advance of showing. (Class limit: 50)

Fri 10/15/21, 6: 30 PM-9: 30 PM  
Fri 10/22/21, 6: 30 PM-9: 30 PM

*Dominguez Hall Room 110  
Colorado Mesa University*

Fri 10/29/21, 6: 30 PM-9: 30 PM  
Fri 11/5/21, 6: 30 PM-9: 30 PM

*Dominguez Hall Room 110  
Colorado Mesa University*

Dick Arnold



Dick is a film enthusiast and tries to explore the genres.

Ralph Wilson



Current lifestyle is an intense exploration of retirement and the opportunities available.

## *Murder Mystery Interactive Investigation*

How do you get into your character's head? Learn acting techniques and apply them to portray a murder mystery suspect and investigator. Students will examine and practice character research and development, how to mark up a script, improv techniques, and create instant relationships in the first class. During the second class, participants will come in character, solve a murder mystery and participate in a debriefing. (Class limit: 15)

Mon 9/27/21, 6: 30 PM-8: 30 PM  
Mon 10/4/21, 6: 30 PM-8: 30 PM

*Unitarian Universalist  
536 Ouray Avenue  
Grand Junction, CO 81501*

Kathy Applebee



Professional writer, actor and director at Mesa Murder Mystery.

## *Mystical Hebrew Bible Codes*

It has been said there are seventy faces to the Torah meaning that any word or even any letter in the Torah can have seventy different ways of being read and understood. The language of Hebrew remains to this day as the most incredibly mystical and spiritual language known to man. This class will attempt to teach and give insight to this statement. Even the well known and often used word in magic, "abracadabra" is a Hebrew word. Whether you come away from this class accepting the Divine origin of the language or not, you will certainly see why many believe it to be so. (Class limit: 25)

Mon 11/1/21, 11:00 AM-12:30 PM  
Wed 11/3/21, 1:00 PM-2:30 PM

*ZOOM*

Tom Aversa



Tom has been teaching beginning Hebrew classes for over 5 years at a variety of organizations including Western Colorado Community College and the local synagogue. Tom's study of Hebrew and Judaica has been an important part of his life for many years.

## *Navigating the New Normal*

Paula will have a discussion of the realities of our current challenge to assign purpose to our days while remaining grounded through a routine of self-care. (Class limit: 25)

Thu 9/30/21, 9:00 AM-10:00 AM

*Zoom*

Paula Anderson



Paula is a Certified Health and Wellness Coach who has written numerous columns locally on the challenges of behavior change.

## *Opera: Informance on "Boris Godunov"*

An Informance (background on "Boris Godunov", Mussorgsky, the Metropolitan Opera and the lead singers) with the intent of maximizing your enjoyment of the Metropolitan Opera Live Simulcast. The simulcast will air on Saturday, October 9 at 10:55 am, at the Regal Theater. Note: Tickets to the live simulcast are typically \$22 for seniors. (Class limit: 40)

Fri 10/8/21, 10:00 AM-11:30 AM

*Unitarian Universalist  
536 Ouray Avenue  
Grand Junction, CO 81501*

Ed Arnos



Opera fan and lecturer. He has studied and sung opera and large choral works for 40 years.

## *Orchestrating a Successful Piece*

Dr. Charles Latshaw, Music Director and Conductor of the Grand Junction Symphony Orchestra discusses the art of Orchestration -- the choices a composer makes about which instruments play which notes in a piece of orchestral music. Have you ever noticed in film or theater credits, the Orchestrator is often listed separately from the Composer? What's the difference and why aren't they always the same person? Using many examples of video and audio recordings from recent and upcoming performances of the GJSO, Maestro Latshaw shows how the detailed choices a composer and orchestrator makes when writing a piece have enormous repercussions in the performance of that work.

Participants are also invited to attend and observe a rehearsal of the Grand Junction Symphony Orchestra on Tuesday, October 12 from 7:00-8:30 PM. (Participants should plan to attend Monday's lecture if they're going to attend Tuesday's rehearsal.) Students can purchase tickets to the GJSO's performances on October 16 and 17 for just \$5. (Class limit: 40)

Mon 10/11/21, 10:00 AM-12:00 PM

*Unitarian Universalist  
536 Ouray Ave  
Grand Junction, CO 81501*

Maestro Charles  
Latshaw



Music Director of the GJ  
Symphony Orchestra and the  
Flagstaff Symphony  
Orchestra.



## *Philanthropy in the Grand Valley*

This three part series will explore the nonprofit landscape and giving culture that exists in the Grand Valley. Come learn about how nonprofit organizations work and their social, economic and community impact here in Mesa County. Explore how this "third sector" is supported financially and with volunteers and get a jumpstart on developing your own personal philanthropy plan to shape how you might like to get more involved and make a difference. (Class limit: 50)

Wed 9/29/21, 3:00 PM-4:00 PM  
Wed 10/6/21, 3:00 PM-4:00 PM  
Wed 10/13/21, 3:00 PM-4:00 PM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Anne Wenzel



President/CEO of Western Colorado Community Foundation for 20 years.

## *Polar Bears and the Churchill Experience*

Churchill, Manitoba is one of the most accessible places in North America to view polar bears. The community has spent the better part of 40 years welcoming visitors and ensuring that they have a safe and ecologically sustainable visit to view polar bears up close in their natural habitat. The close proximity of polar bear habitat has also allowed biologists to study the bears in their natural setting. Over the decades they have pieced together many behavioral aspects of polar bear life including mating, denning and feeding. This talk will lead you on a virtual guide of what makes Churchill and its polar bears so special. (Class limit: 30)

Fri 10/29/21, 10:00 AM-11:30 AM

*Unitarian Universalist*  
536 Ouray Avenue  
Grand Junction, CO 81501

Claudette Moore



Claudette is a retired aquatic ecologist who enjoys traveling and sharing her adventures.

## *Police Chief's Goals & Department Tour*

Chief Shoemaker will share his core message and goals for the next 2-5 years. He will discuss major topics such as crime in our community, homeless issues and budget. There will be a tour of the Regional Communication Center and other areas of the Police Department. (Class limit: 30)

Thu 10/14/21, 1:00 PM-3:00 PM

*Grand Junction Police Department  
555 Ute Avenue  
Grand Junction, CO 81501*

Doug Shoemaker



Chief of Police for the Grand Junction Police Department.

## *Songbird Migration*

This class will travel to various birding sites and hotspots in the Grand Valley looking for late songbird migrants making their way south, as well as early winter arrivals from the North, and mountain species that move down into the Valley to spend the winter. Participants must provide their own binoculars and be able to walk 1-2 miles over uneven trails. Participants are encouraged to attend all three sessions as there is usually a waiting list and we want to include members who can attend all three class sessions. (Class limit: 10)

Tue 9/28/21, 8:00 AM-12:00 PM  
Tue 10/5/21, 8:00 AM-12:00 PM  
Tue 10/12/21, 8:00 AM-12:00 PM

*Each class will meet in the southwest corner of the Redlands Safeway parking lot near the start of the walking trail.  
2512 Broadway  
Highway 340  
Grand Junction, CO 81507*

Mike Henwood



Colorado Ornithologists; Field guide Audubon of Greater Denver and the Grand Valley

Kathleen McGinley



Avid birder, assists with Grand Valley Audubon field trips.

## *Stewarding Our National Conservation Lands*

Chris will present the joys, benefits, and self-rewards of providing stewardship for the area's three designated National Conservation Areas and other scenic conservation lands administered by the BLM in and around the Grand Valley. (Class limit: 40)

Tue 11/2/21, 5:00 PM-6:00 PM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Chris Herriman



Chris Herriman has been the Executive Director of Colorado Canyons Association since January of 2021.

## *Texas War for Independence, 1835-36*

This little-understood event in the history of the American West had huge consequences for the future of the United States and Mexico. American folklore heralds the glory at the Alamo, the exploits of Davy Crockett, and the villainy of Santa Ana. Mexican folklore sees it as an example of American greed and treachery. Reality, though, is much more complicated and nuanced. The struggle grew out of larger issues that were embroiling both nations in larger struggles. (Class limit: 30)

Tue 10/12/21, 10:00 AM-11:30 AM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Peter Booth



Retired museum professional who loves the study of history and culture of diverse peoples.

## *The Silk Road: History, Importance and Implications for World Trade Today.*

This program deals specifically with the Silk Road: where it ran, how it came to be named, who traveled it, its importance in World History, and what it can teach us about world trade today. This presentation emphasizes the central portion of the route running through Inner Asia rather than the end points in Europe and East Asia. (Class limit: 35)

Wed 10/6/21, 11:00 AM-12:00 PM

*Zoom*

Michael Krautkraemer



Michael has his Ph.D. in Central Eurasian Studies at Indiana University.

## *Tour of the Rashleigh Regional History Room*

The Mesa County Libraries houses the Rashleigh Regional History Collection. This collection includes rare and unique items that specifically relate to local prehistory and history. History Librarian and CAS-GJ member Ike Rakiecki will give a tour of the collection and provide information and details about what resources are available. An overview of online local history resources will also be discussed. (Class limit: 20)

Wed 10/13/21, 11:00 AM-12:00 PM

*Central Library  
443 N 6th Street  
Grand Junction, CO 81501*

Ike Rakiecki



Ike is a librarian who is responsible for the Rashleigh Regional History Room at MCPL.

## *Tour of the Tombstones*

Stroll through the oldest sections of the Orchard Mesa Cemetery and hear about Grand Junction pioneers, good guys and bad girls, murder victims and unsolved mysteries. Participants will also learn about Grand Junction's first burial grounds and tombstone art.

Class on Friday, Oct 1, 2021 (Class limit: 25):

Fri 10/1/21, 6:00 PM-8:00 PM

*Orchard Mesa Cemetery  
2620 Legacy Way  
Grand Junction, CO 81503  
Meet in front of the Cemetery office.*

- OR -

Class on Saturday, Oct 2, 2021 (Class limit: 25):

Sat 10/2/21, 2:00 PM-4:00 PM

*Orchard Mesa Cemetery  
2620 Legacy Way  
Grand Junction, CO 81503  
Meet in front of the Cemetery office*

Dave Fishell



Former historian for Museum of Western Colorado and author of books on Grand Junction.

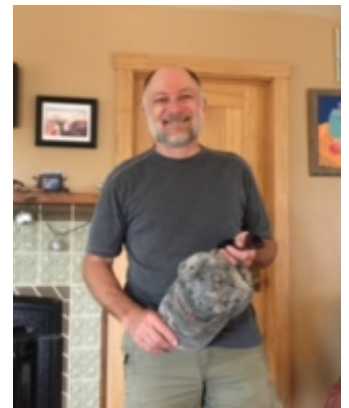
## *Treasure Hunt for Local Unknown History in Western Colorado and Eastern Utah*

Just hearing that a place or community has been forgotten in time is often the best reason to begin looking for it. Our discussion will look at research methodology, some times different than the norm, and the various paths on which it takes us. We will focus on a few historic farming communities in Eastern Utah and try and get a feel for their creation and eventual abandonment. Our time period follows shortly after the settlement of the Grand Valley and the economic opportunity it created for its inhabitants and others to expand further across neighboring lands. (Class limit: 20)

Thu 10/28/21, 10:00 AM-12:00 PM

*American Lutheran Church  
631 26 1/2 Road  
Grand Junction, CO 81506*

Pete Harris



Pete is a researcher of unknown local history.

## *Vinyasa Flow Yoga*

An invigorating class that will strengthen your body, focus your mind, and empower your spirit. Vinyasa Yoga is designed to cultivate mindfulness, integrate breath and movement, and help you achieve balance for the body and mind that will leave you feeling energized, yet calm and centered. All levels welcome. Participants need to bring Yoga strap, block, and mat. (Class limit: 25)

Wed 9/29/21, 10:30 AM-11:30 AM  
Wed 10/6/21, 10:30 AM-11:30 AM  
Wed 10/13/21, 10:30 AM-11:30 AM  
Wed 10/20/21, 10:30 AM-11:30 AM  
Wed 10/27/21, 10:30 AM-11:30 AM

*Koinonia Church  
730 25 Road  
Grand Junction, CO 81505*

Maggie Bruehlman



Maggie is a certified yoga instructor with over 20 years of experience.

## *Walking Meditation*

Walking Meditation can be a weekly meditative approach using a moderate to easy exercise activity. It helps with clearing and focusing the mind, stress reduction, increase of energy, and a start in controlling invasive thinking. It is a form of "centering" which is an ancient technique teaching you to focus on "here and now", and taking power away from outside concerns and negative thoughts. The hiking trail we will use is mostly flat but has rocks and is uneven. Good tennis or hiking shoes are recommended. (Class limit: 11)

Fri 10/15/21, 11:00 AM-12:30 PM

*Riggs Hill parking lot. Riggs Hill is about one mile west of the traffic circle intersection of Broadway and South Broadway (Redlands Parkway) and is off of South Broadway.*

Steve Clark



Degree in geology, docent at Dinosaur Journey, mental health therapist, retired teacher. Has studied meditation/walking meditation.



## *Walking Photo Class: Making the Most of Cellphone Photography with a Downtown Tour*

Cellphone photography is all the rage with nearly everyone having one in their pocket today. This class will show how to improve our cellphone pictures beyond "selfies" and "I was there" pictures by walking in downtown Grand Junction and getting hands on experience with adjusting settings, using digital close-ups, composing pictures, framing subjects, and placing objects for a more pleasing image all while looking at our beautiful sculptures.

Class on Thursday, Oct 7, 2021 (Class limit: 8):  
Thu 10/7/21, 8:00 AM-10:00 AM

*Downtown. Location will be sent to participants by email.*

- OR -

Class on Thursday, Oct 14, 2021 (Class limit: 8):  
Thu 10/14/21, 8:00 AM-10:00 AM

*Downtown. Location will be sent to participants by email.*

- OR -

Class on Thursday, Oct 21, 2021 (Class limit: 8):  
Thu 10/21/21, 8:00 AM-10:00 AM

*Downtown. Location will be sent to participants by email.*

- OR -

Class on Thursday, Oct 28, 2021 (Class limit: 8):  
Thu 10/28/21, 8:00 AM-10:00 AM

*Downtown. Location will be sent to participants by email.*

Tony Hober



Serious amateur photographer shooting primarily wildlife and scenic views and a member of the American Cribbage Congress who loves to share and teach this fun game.

## *Western Colorado Community College Tour*

Tour the campus of Western Colorado Community College and learn about their innovative programs and classes. (Class limit: 20)

Wed 10/20/21, 2:00 PM-3:30 PM

*Western Colorado Community College  
2508 Blichman Avenue  
Grand Junction, CO 81505*

Brigitte Sunderman

Brigitte is Vice President of Community College Affairs.



## *What's Happening In Our Communities; a Visit With Our Local Elected Officials*

Grand Junction Mayor Chuck McDaniel, Fruita Mayor Joel Kincaid, and Palisade Mayor Greg Mikolai will provide updates on what is happening in their communities. A question and answer session will follow moderated by Bennett Boeschstein, past GJ City Council Member. (Class limit: 50)

Thu 10/7/21, 6:30 PM-8:00 PM

*Unitarian Universalist  
536 Ouray Avenue  
Grand Junction, CO 81501*

Bennett Boeschstein



Bennett Boeschstein is a former Grand Junction City Council member.

## *When Do We Eat Mom? Punctuation and Why It (Still) Matters*

In this discussion-oriented, example-driven course, we'll explore the surprisingly complex nature of punctuation and its integral role in written communication in English. We'll start with a quick look at the nature of language itself and the development of writing systems, then progress to a visual history of punctuation and how it has evolved and changed over time. We'll also take up the question of correctness in matters of punctuation and examine the distinctions among grammatical rules, conventions, and preferences, all of which affect the way we use punctuation to establish meaning and clarify intention in written forms of communication. Finally, if time permits, we'll investigate the ways in which new, emerging forms of writing (think texting!) have changed the shape of written English as we know it. (Class limit: 20)

Tue 9/28/21, 6:30 PM-8:00 PM

*Dominguez Hall Room 315  
Colorado Mesa University*

Thu 9/30/21, 6:30 PM-8:00 PM  
Tue 10/5/21, 6:30 PM-8:00 PM

*Dominguez Hall Room 315  
Colorado Mesa University*

Maureen Neal



Professor of English: CMU (retired), former high school teacher.

## *Wildland Fire on the Western Slope*

In 2020, Colorado experienced record-breaking wildfires that damaged watersheds and destroyed property. Yet fire is also a key ecological process within many native Colorado ecosystems. Balancing the ecological benefits of fire with the need to protect people and property has become increasingly challenging. This course will explain the natural role of fire in Colorado ecosystems, how climate change and other factors are changing natural fire regimes, and what approaches could mitigate the effects of increasing fire severity (Class limit: 50)

Mon 10/18/21, 6:00 PM-8:00 PM

*Unitarian Universalist  
536 Ouray Avenue  
Grand Junction, CO 81501*

Deborah Kennard



Dr. Kennard has instructed Environmental Science at CMU since 2005 and has done years of research in the Colorado National Monument.

## *Writing Your First Book or Writing Family Stories*

Don Benjamin of Cedaredge, CO will guide us in how to write a book or one of your family stories. He will show us how to develop the setting and characters, to research the material, to publish, and market a book. Don Benjamin has just published his first two books of his mountain mystery series that center about the Grand Mesa area. (Class limit: 20)

Tue 9/28/21, 7:00 PM-9:00 PM

*American Lutheran Church  
631 26 1/2 Road  
Grand Junction, CO 81506*

Don Paul Benjamin



Don Paul Benjamin from Cedaredge CO is an American Mystery Novelist

## *Your Writing Matters: Tackling the Elephants in the Room*

The events of the last two years might have made us question the time and effort spent in creative pursuits. We may have struggled finding words to express our dismay, grief, joy, and other emotions. Some of us may have shut down our creativity. We might have been reminded that we are creative people of a certain age and we are running out of time. What words and images do we want to get on the page while we still can? Why?

In this three-week class, Linda Skinner will provide sensational prompts to facilitate conquering one of the largest challenges in writing, getting started. There will be no grades, red pens, credential checks or judgment. We will engage in word play, create together and feed off of the energy in the room.

"Everybody's got a story; if you look a little closer, you can see it in the wrinkles in their face, they can hide it in the silence, they can bury it and fight it, but it comes out when their hair is turning grey..." Excerpt from *Castles* by Tom McDonald. Let's get started telling those stories. (Class limit: 15)

Mon 10/4/21, 1:00 PM-3:00 PM  
Mon 10/11/21, 1:00 PM-3:00 PM  
Mon 10/18/21, 1:00 PM-3:00 PM

*Eureka! McConnell Science Museum  
1400 North 7th Street  
Grand Junction, CO 81501*

Linda Skinner



Linda Skinner is president of the W. Colo. Writers' Forum; was a journalist and educator.