

Afghanistan in Context

The roots of the current situation in Afghanistan can be traced to its history from the 19th to 21st century. Learn the ethnic make-up of Afghanistan, its borders, and government. We will discuss the role of Afghanistan in world politics since the 1800s and its possible futures. (Class limit: 40)

Wed 10/5/22, 9:00 AM-10:00 AM

Zoom

Ben Storsved



Ben Storsved is a PhD student in the Central Eurasian Studies Program at IU, Bloomington.

American Indians --Smithsonian

American Indians are part of the past, present, and future of the United States. Explore histories and cultures of some American Indians as captured by both Native and non-Native artists. Discuss the influence of geography, tradition, and tribal affiliation on contemporary Indian artists. (Class limit: 30)

Wed 10/26/22, 10:00 AM-11:00 AM

Zoom

Smithsonian American
Art Museum Volunteer

American Political Process: A Historical View and the Current Election

This class will include an overview of the US Constitution and the Bill of Rights; the history of the American political party system; and current election issues in the congressional, and local elections.

This class is being offered both in person and virtually through Zoom. During registration, you can sign up for whichever you prefer.

Class starting on Thursday, Oct 6, 2022 (Class limit: 30):

Thu 10/6/22, 6:00 PM-7:30 PM
Thu 10/13/22, 6:00 PM-7:30 PM
Thu 10/20/22, 6:00 PM-7:30 PM

*Orchard Mesa Middle School Room D103
2736 C Rd
Grand Junction, CO 81503*

- OR -

Class starting on Thursday, Oct 6, 2022 (Class limit: 50):

Thu 10/6/22, 6:00 PM-7:30 PM
Thu 10/13/22, 6:00 PM-7:30 PM
Thu 10/20/22, 6:00 PM-7:30 PM

Zoom

Scott Finholm



Scott teaches AP US History and AP American Government at Central High. He has taught for 26 years.

Art on the Corner Walking Tour

Join Sarah Dishong, Project Coordinator of Downtown Grand Junction, on an educational walking tour of Grand Junction's permanent art collection displayed along Main Street. Learn about the sculptures and their artists.

Class on Wednesday, Oct 12, 2022 (Class limit: 12):

Wed 10/12/22, 9:00 AM-10:30 AM

Meet in parking lot across from the convention center on Main Street in front of the statue of John Otto.

- OR -

Class on Friday, Oct 14, 2022 (Class limit: 12):

Fri 10/14/22, 9:00 AM-10:30 AM

Meet in parking lot across from the convention center on Main Street in front of the statue of John Otto.

Sarah Dishong



Sarah Dishong is the Project Coordinator for Downtown Grand Junction

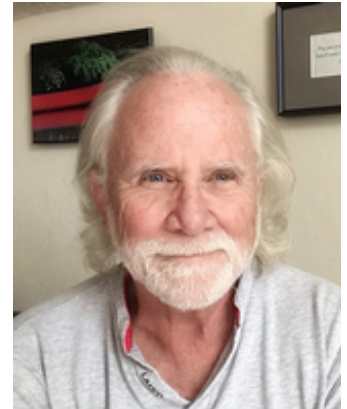
Artificial Intelligence (AI): Like it or not, AI will change your life!

Artificial Intelligence (AI) is an area of computer science that emphasizes the creation of intelligent machines that work and react like humans. This class explains and defines AI, discusses its history, current state and usage, and future scenarios of Artificial Intelligence. (Class limit: 40)

Tue 10/4/22, 6: 30 PM-8: 00 PM

*Unitarian Universalist Sanctuary
536 Ouray Ave.
Grand Junction, CO 81501*

Tom Sawyer



Retired software and technology strategist; inventor; author.

Atomic Legacy Cabin Tour, History of Uranium on the Colorado

The Atomic Legacy Cabin was once the epicenter of the nationwide search for uranium that was started by the Manhattan Project and escalated during the Cold War. The tour will delve into the story of the historic log cabin as Grand Junction's little-known Manhattan Project site, as well as show how uranium left a lasting impact on the surrounding region. Participants in the tour will also learn the important mission of the U.S. Department of Energy Office of Legacy Management today.

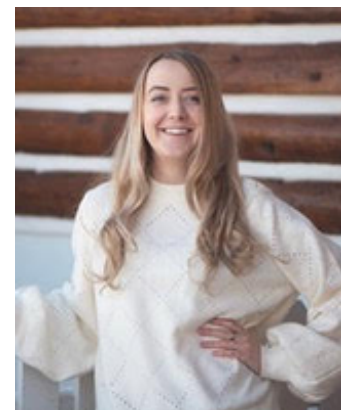
Participants are welcome to park in the bus loading zone on the north side of the Atomic Legacy Cabin. (Class limit: 30)

Wed 11/2/22, 10: 00 AM-12: 00 PM

*Atomic Legacy Cabin
2597 Legacy Way
Grand Junction, CO 81503*

Directions: From Hwy 50 at the intersection with Unaweep Ave. near Duck Pond Park, turn south onto 26 ¼ Road. Turn right at the cemetery onto Legacy Drive. Proceed straight across the railroad tracks into the Department of Energy parking lot. The Atomic Legacy cabin will be on your left.

Ashton Peterhans



Ashton is an Interpretive Specialist and contractor for the DOE Office of Legacy Management.

Beginner/Refresher Zoom Class

This class is for members who have registered for a class offered on Zoom who are unfamiliar with Zoom or want a review of the Zoom features used in New Dimensions classes. Functions like raising hands, participating in chat, how to mute and unmute yourself, ways to customize your view, and the use of video filters and backgrounds will be covered. Zoom can be used on a computer, tablet, or smartphone and this session will provide instruction for these different devices. (Class limit: 30)

Tue 10/4/22, 9:00 AM-10:00 AM

New Dimensions Tech
Team

Zoom

Beginning American Mah Jongg

Learn the basics of American Mah Jongg using the National Mah Jongg Associations card of possible hands. By the end of the sessions you will be playing Mah Jongg. Participants will be expected to purchase the 2022 card of Mah Jongg hands for \$9 payable at the first class. (Class limit: 16)

Tue 10/18/22, 9:00 AM-11:00 AM

Tue 10/25/22, 9:00 AM-11:00 AM

Tue 11/1/22, 9:00 AM-11:00 AM

Tue 11/8/22, 9:00 AM-11:00 AM

*First Congregational - Mayflower Rm
1425 N 5th St
Grand Junction, CO 81501*

Kim Sutherland



Kim is an experienced player and instructor of Mah Jongg.

Beginning Bridge

Bridge is the Best. Card. Game. Ever.

This class will be geared to those who know Bridge basics and want to expand their skills and improve their play. Lessons will be based on the book, "Bridge for Everyone", D. W. Crisfield, available for purchase at Out West Books, 533 Main Street. Purchase of the book is optional. (Class limit: 12)

Mon 10/10/22, 10:00 AM-12:00 PM
Fri 10/14/22, 10:00 AM-12:00 PM
Mon 10/17/22, 10:00 AM-12:00 PM
Fri 10/21/22, 10:00 AM-12:00 PM

*American Lutheran Church
631 26 1/2 Road
Grand Junction, CO 81506*

JoLynn Phillips



JoLynn has played bridge for many years and helped teach it, too.

Behind the Music: Berlioz' Symphonie Fantastique

Hector Berlioz stood the musical world on its head in 1830 when he premiered his monumental "Symphonie Fantastique". Maestro Charles Latshaw, Music Director of the Grand Junction Symphony Orchestra, explains how the orchestral world changed before and after this piece. Includes an invitation to rehearsal of the GJSO, a fully professional orchestra, to hear how they prepare for the performance of such a monumental work. Rehearsal is on Tuesday evening, October 11, 2022.

By attending the lecture/discussion you will be able to attend the rehearsal observation on Tuesday, October 11, from 7:00-8:30 pm. (Class limit: 50)

Mon 10/10/22, 10:00 AM-12:00 PM

*Koinonia Church - Sanctuary
730 25 Road
Grand Junction, CO 81505*

Maestro Charles
Latshaw



Music Director of the GJ Symphony Orchestra and the Flagstaff Symphony Orchestra.

Belonging

Mesa County Library Director, Michelle Boisvenue-Fox, is among a group of community leaders with a belief that dialogue can build bridges across perceived divides in our community. The course will use guided questions encouraging participants to share their personal experiences and perspective to discover community members are actually more alike than different. Each participant will be invited to explore where and how they feel a sense of belonging as well as the resulting impact on them.

Class on Thursday, Oct 13, 2022 (Class limit: 6):
Thu 10/13/22, 6:00 PM-7:30 PM

Michelle Boisvenue-Fox

*Mesa County Central Library
Idea Room (Room C--downstairs)
443 N. 6th St.
Grand Junction, CO 81501*

- OR -

Class on Tuesday, Nov 8, 2022 (Class limit: 6):
Tue 11/8/22, 6:00 PM-7:30 PM

*Mesa County Central Library
Idea Room (Room C--downstairs)
443 N. 6th St.
Grand Junction, CO 81501*



Director Mesa County Library

Birding-Early Fall Migrants

This class will travel to various birding sites and hotspots searching for migrating birds that pass through the Grand Valley on their way south. Participants must provide their own binoculars and be able to walk 1-2 miles on uneven trails. Because of COVID concerns we will not be doing carpooling. The instructors will notify participants by email each Monday with instructions and directions to the meeting spot for the upcoming class. (Class limit: 10)

Wed 10/19/22, 8:00 AM-12:00 PM
Wed 10/26/22, 8:00 AM-12:00 PM

*Location will be emailed to participants Mondays
before class meeting; locations are determined by
where birds have most currently been sited.*

Mike Henwood



Colorado Ornithologists; Field
guide Audubon of Greater
Denver and the Grand Valley

Kathleen McGinley



Avid birder, assists with
Grand Valley Audubon field
trips.

Birding-Late Fall Migrants

This class will travel to various birding sites and hotspots searching for migrating birds that pass through the Grand Valley on their way south. Participants must provide their own binoculars and be able to walk 1-2 miles on uneven trails. Because of COVID concerns we will not be doing carpooling. The instructors will notify participants by email each Monday with instructions and directions to the meeting spot for the upcoming class. (Class limit: 10)

Wed 11/2/22, 8:00 AM-12:00 PM
Wed 11/9/22, 8:00 AM-12:00 PM

Location will be emailed to participants Mondays before class meeting; locations are determined by where birds have most currently been sited.

Mike Henwood



Colorado Ornithologists; Field guide Audubon of Greater Denver and the Grand Valley

Kathleen McGinley



Avid birder, assists with Grand Valley Audubon field trips.

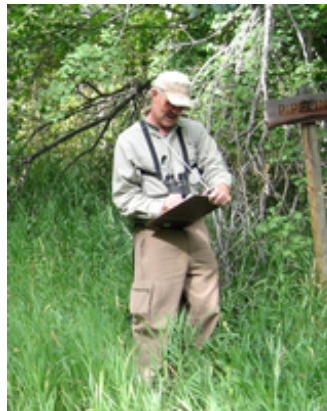
Birding-Songbird Migrants

This class will travel to various birding sites and hotspots searching for migrating songbirds that pass through the Grand Valley on their way south. Participants must provide their own binoculars and be able to walk 1-2 miles on uneven trail. Due to COVID concerns, we will not do any carpooling. The instructors will notify students by email each Monday with instructions and directions to the meeting spot for the upcoming class. (Class limit: 10)

Tue 10/4/22, 8:00 AM-12:00 PM
Tue 10/11/22, 8:00 AM-12:00 PM

Location will be emailed to participants Mondays before class meeting; locations are determined by where birds have most currently been sited.

Mike Henwood



Colorado Ornithologists; Field guide Audubon of Greater Denver and the Grand Valley

Kathleen McGinley



Avid birder, assists with Grand Valley Audubon field trips.

COVID-19 Redux: Is this the beginning of the end or the end of the beginning?

An informal, interactive, PowerPoint-less look at Covid-19. Is the pandemic over? Should I take Paxlovid? Am I a Covid virgin? How big a threat is Long Covid? Am I still contagious? Bivalent booster? Time for your questions and concerns. (Class limit: 20)

Tue 10/4/22, 10:30 AM-11:45 AM

*Long's Family Memorial Park
Mount Garfield Shelter
3117 Patterson
Grand Junction, CO 81504*

If weather is inclement, the class will move to Zoom. Participants will be notified on October 3 if the class moves to Zoom and you will receive the link.

Phil Mohler



Retired family physician.

Can We Talk: Political Communication in a Democratic Society

In this two-session course, Dr. Tim Casey will explore the necessity of civil political discussion in the life of a democratic society and how we might encourage more political discussion as a way of counteracting the isolating and divisive tendencies that abound in our country today. This is not a doom and gloom prognostication of impending political demise, but a realistic assessment of why our political communication is breaking down in the United States; why it matters; and what we might do about the problem. Along the way, we will practice the dialogue we hope to see more broadly in our political landscape. Please join in the conversation. (Class limit: 35)

Mon 10/10/22, 2:00 PM-3:30 PM
Mon 10/17/22, 2:00 PM-3:30 PM

Zoom

Tim Casey



Dr. Tim Casey has been a Professor of Political Science at CMU since 1996.

Canyon de Chelly Through Native Eyes

Located on the Colorado Plateau, Canyon de Chelly is in northeastern Arizona on Navajo tribal lands near Chinle, Arizona. Inhabited by several Native American peoples for millennia, The White House Ruins and Antelope House are located in this network of canyons. Mr. Staley will discuss the peoples who have occupied the canyons through the ages and some of the scenic and archaeological features of the canyons. (Class limit: 85)

Mon 11/7/22, 6: 30 PM-7: 30 PM

Zoom

Leander Staley



Leander Staley is Navajo. He has lived in and around Canyon de Chelly his entire life and operates jeep tours in the area.

Center for Independence: Aging - There's an App for That

As we age, our hearing, vision, and mobility can all be impacted. Apps have huge potential to improve the quality of life of older adults as they can not only educate & entertain, but they can also even make life easier! However, with millions of applications available for mobile smart devices today, it's easy to get confused or overwhelmed.

This class will provide attendees helpful information about apps for mobile devices including what a mobile app is, pros and cons of apps, types of apps, apps for older adults (e.g. reminders, safety, communication, health), demonstration of a selection of apps.

Attendees can bring their own smart devices and will have access to Wi-Fi if they want to download apps during the class. (For Apple users: attendees need to know their Apple ID and password.)

As a COVID protocol, entry to the CFI requires participants to have a non-contact temperature scan and to answer several health questions similar to those currently required to enter any healthcare facility in Grand Junction. (Class limit: 25)

Fri 11/4/22, 10:00 AM-12:00 PM

*Center for Independence - Gymnasium
740 Gunnison Ave.
Grand Junction, CO*

Joanne Stamp



Joanne is the CFI Low Vision & Senior Programs Manager

Morgan Robb



Morgan Robb is an Assistive Technology Specialist

City Wastewater Treatment

This class will provide an overview of the mechanical, physical and biological components of wastewater treatment. (Class limit: 50)

Thu 11/10/22, 1:00 PM-3:00 PM

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

Aaron Rice



Aaron has twelve years of wastewater experience. He is a certified water professional with a class A wastewater license and class 4 collections license.

Colorado Cooperative Company

The Colorado Cooperative Company was organized in 1893 in the city of Denver by a group of people looking for a better way of life. The nation was in a financial crisis and discontent was forming everywhere. The Company was organized for the purpose of founding a cooperative colony in Colorado. After an exhausted search B.L. Smith was directed to the Tabeguache Park, a mesa in a remote area of Colorado near the Utah border, by area settlers. After a survey showed that water could be brought to the Park through a canal from the San Miguel River, thirteen miles above, the members were unanimous in making the decision to build their co-operative colony. That decision would begin the birth of a new town in Colorado, Nucla. (Class limit: 25)

Thu 10/27/22, 10:00 AM-12:00 PM

*American Lutheran Church
631 26 1/2 Rd.
Grand Junction, CO 81506*

Jane Thompson



Jane, President of the Rimrocker Historical Society Of Western Montrose County, and her sister, Sharon, present programs in Montrose County.

Colorado Mesa University Tour

Tour the ever-expanding Colorado Mesa University. We will visit the new Maverick Hotel and hear about new programs and degrees. (Class limit: 30)

Thu 10/27/22, 9:00 AM-11:00 AM

Colorado Mesa Tour
Guides

*Colorado Mesa University
Admissions Welcome Center
1579 N. 12th Street
Grand Junction, CO 81501*

Colorado Monument Canyon Hike to Kodel's Canyon

You have explored many canyons of the Monument and Black Ridge. Have you explored a near-by, often over-looked, intimate canyon with an unmarked trailhead? If curious, sign up for this moderately strenuous, 3 mile round trip hike. Minimal elevation change. Bring a hiking pole to navigate portions of the rocky trail. The pace will be easy with frequent stops to share knowledge of our near-by geology, botany and wildlife. (Class limit: 12)

Fri 10/14/22, 9:00 AM-12:00 PM

Michael Wallace

West on I-70 to Fruita exit 19 (Highway 340). Turn left (south) at the stop sign and travel 1.4 miles. A few yards past the right turn into Kings View Estates is a parking area on the right. There is no sign and no port-a-pot. This is the trail head.



Passionate to discover whatever is around the next bend in the trail and over that hill.

Colorado's Great Depression Gold Rush

This class will look at the easy money policies that led up to the U.S. depression and discuss President Hoover's response to what became a world-wide Great Depression. It will explore the unique modern day gold rush that took over the Alma Mining District while President Roosevelt struggled to calm the fears of the American people. It will also follow the ups and downs of George and Robert Elder's London Mountain Gold Mining Company from 1931 to 1936, discussing FDR's controversial gold policies and his frustrations with a slow economic recovery. (Class limit: 50)

Thu 10/13/22, 10:00 AM-12:00 PM
Thu 10/20/22, 10:00 AM-12:00 PM

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

Larry Frank



Larry has been an engineer, curator of a mining museum, mountain tour director, and author.

Corps of Discovery: The Lewis and Clark Expedition

The Corps of Discovery was the Army's first diplomatic mission. Meriwether Lewis and William Clark received orders from President Thomas Jefferson to explore the newly acquired Louisiana Territory and to find a water passageway to the Pacific Ocean. In this virtual field trip, examine primary sources to learn more about the crew, American Indian culture, and the natural landscape. Discover the mission's lasting impacts and consequences for the Army, the nation, and the American Indians who inhabited the land. (Class limit: 50)

Tue 11/1/22, 9:00 AM-10:00 AM

Zoom

Jenifer Dubina



Jennifer Dubina is a Museum Educator at the National Museum of the U.S. Army.

Crime Fiction: October Madness

Participants will select the 'best' New Dimensions crime fiction author from a list of sixteen authors whose work has been discussed at least once over the seven years the class has met. All have won major writing awards. The instructor will set up a tournament format (like the NCAA's March Madness) with four rounds of voting. Criteria for 'best author' will include quality of writing, impact on the profession, critical response, and personal preference. Authors to consider: Agatha Christie, Sir Arthur Conan Doyle, P.D. James, Carolyn Keene (Nancy Drew), Tony Hillerman, Alexander McCall Smith, Michael Connelly, Louise Penny, Ann Cleeves, Elly Griffiths, Craig Johnson, JK Rowling/Robert Galbraith, Scott Turow, William Kent Krueger, Anne Hillerman, and Richard Osman. Since time is so limited between announcement of the term and the beginning of class, participants will not be expected to do any advance preparation before the initial class. (Class limit: 15)

Mon 10/3/22, 10:00 AM-11:30 AM

*Unitarian Universalist Sanctuary
536 Ouray Ave.
Grand Junction, CO 81501*

Mon 10/10/22, 10:00 AM-11:30 AM

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

Lyn Fraser



Lyn Fraser is an avid mystery reader, a mystery author, and has taught at Colorado Mesa University and Texas A&M University.

Cultivating Energy As Health

This course will focus on energy as the main predictor of physical, mental, and emotional health. How to cultivate it through a simple stress-reduction technique, along with a formula for the healthiest way to eat, will be discussed as valuable tools for these uncertain times. The three sessions that follow the initial presentation will be the opportunity for shared discussion of what changes were noticed during the preceding week and any challenges that were encountered. (Class limit: 25)

Thu 10/6/22, 11:00 AM-12:00 PM
Thu 10/13/22, 11:00 AM-12:00 PM
Thu 10/20/22, 11:00 AM-12:00 PM
Thu 10/27/22, 11:00 AM-12:00 PM

Zoom

Paula Anderson



Paula is a Certified Health and Wellness Coach who has written numerous columns locally on the challenges of behavior change.

Digital Library

Libraries are palaces of information. While books will always be prevalent, there is no denying that much of today's information is now digital. This class will teach you how to use, get the most out of, and download your public library's digital resources. (Class limit: 70)

Wed 11/2/22, 12:00 PM-1:00 PM

*Mesa County Public Library
Community Room
443 N 6th St.
Grand Junction, CO 81501*

Rose Marie Fraser



Mrs. Fraser is a librarian at Mesa County Libraries.

Eastern Europe on the Brink?

A look at the peoples and cultures of the emerging Eastern European nations (former Soviet Union). The class will explore their history and current status relative to the EU and Russia. For some aspects of national rebuilding, the Country of Georgia will be used as a surrogate for all of Eastern Europe. Must like maps! (Class limit: 45)

Thu 10/13/22, 4:00 PM-5:30 PM

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

Ken Mabery



Ken worked 40+ years for the National Park Service that included international assignments.

Easy Hike in Kindred Reserve

Would you like to join me for a stroll into a nearby wooded area? This one and half mile (1-1/2) mile hike is on a mostly level trail that is smooth dirt and packed gravel. There are a couple of short, easy footbridges so if balance is a problem, bring a pole. This is an area with thick vegetation and it is not uncommon to view wildlife. Bring a camera. (Class limit: 14)

Fri 10/21/22, 9:00 AM-10:30 AM

From the roundabout at the intersection of Broadway (Hwy 340) and South Broadway take the west exit on S. Broadway and head toward the Monument. Drive 2.2 miles and watch for signs to the parking lot for KINDRED RESERVE PARKING. There will be a large wood sign on the right side of S. Broadway. There is a large lot with nearby restrooms.

Michael Wallace



Passionate to discover whatever is around the next bend in the trail and over that hill.

Electric Vehicle 101

Interested in an electric vehicle but don't know where to start? This Electric Vehicle (or EV) 101 course will explain the basics, including how to charge, how EVs work, why they're better for the environment, and how you can save money by switching to an EV. Plus, we'll go over common misconceptions about EVs, answer questions, and provide you with resources for making the informed decision to drive electric. (Class limit: 50)

Wed 10/26/22, 1:00 PM-3:00 PM

Zoom

Julia Davila



Lead for Drive Electric Colorado initiative led by Drive Clean CO.

Engage Your Brain

By challenging your brain to learn new and novel tasks, you activate underused pathways and connections. The games you will learn to play during this two-session, two-hour class will encourage a fit and flexible mind. And, most importantly, the class will be fun. Participants are expected to attend both sessions. (Class limit: 12)

Tue 10/11/22, 10:00 AM-12:00 PM
Wed 10/12/22, 10:00 AM-12:00 PM

*Eureka! McConnell Science Museum
1400 North 7th Street
Grand Junction, CO 81501*

Victoria Johnson



Vicki is a licensed mental health counselor who has taught this class for many years in Silver City, New Mexico.

Exploring EUREKA! McConnell Science Museum

Come and learn all about the history of EUREKA! McConnell Science Museum, current programs, and get a glimpse behind the scenes of what it takes to keep exhibits running. You'll then have time to explore the museum and learn about the science of the hands-on interactive exhibits. (Class limit: 25)

Mon 10/3/22, 1:00 PM-2:30 PM

*Eureka! McConnell Science Museum
1400 North 7th Street
Grand Junction, CO 81501*

Briana Board



Program Director for Eureka!
Science Museum

From Surviving to Thriving: Changing the Perception of Homelessness

This course will present a picture of how homelessness has traditionally been viewed and treated across America as well as its causes and how approaches have changed in recent years. It will highlight the success and approaches that have made HomewardBound of the Grand Valley known across the Western US for its innovative programs and approaches. (Class limit: 40)

Tue 10/25/22, 1:00 PM-2:30 PM

*Koinonia Church - Sanctuary
730 25 Road
Grand Junction, CO 81505*

William (Bill) Wade



Chairman Emeritus -
HomewardBound of the
Grand Valley

Fundraising 101 for Non-profit Boards and Volunteers

Have you found yourself on the board of an organization and now you're expected to help raise funds? This course will cover the basics of fundraising and equip you with practical knowledge, skills and confidence to solicit support for causes you believe in. (Class limit: 30)

Wed 10/19/22, 3: 30 PM-5: 00 PM

*Eureka! McConnell Science Museum
1400 N. 7th St.
Grand Junction, CO 81501*

Rick Adleman



Rick Adleman, MBA, CFRE is a 28-year veteran of fundraising and non-profit administration.

Gardening with Cold Hardy Cacti, Succulents, and Other Xeric Plants

Don will share the advantages of using cacti, succulents and other Xeric plants in home landscaping. The various considerations when planning, designing, installing and maintaining as well as where to acquire plants will get you started on your own water wise garden. (Class limit: 45)

Mon 10/24/22, 10: 00 AM-11: 30 AM

*Koinonia Church - Sanctuary
730 25 Rd.
Grand Junction, CO 81505*

Don Campbell



Founder and member of the local Chinle Cactus and Succulent Society

Genealogy -The Next Step

Interested in your family tree? Don't know where to start or have started and run into roadblocks? Allan Weinand, a graduate of the Boston University Genealogical Research program and an experienced genealogist, will help you get started or get past the roadblocks. This class starts with a 1.5-hour meeting where Allan will present the "Why", "How To", and "Where" of conducting a family search. That meeting will be followed by three, one-hour meetings dedicated to problem solving and providing more advanced search ideas.

To get the most out of the class, attendees should bring a pad or laptop computer. (Class limit: 12)

Mon 10/10/22, 6:00 PM-7:30 PM
Mon 10/17/22, 6:00 PM-7:00 PM
Mon 10/24/22, 6:00 PM-7:00 PM
Mon 10/31/22, 6:00 PM-7:00 PM

First Congregational - Library
1425 N 5th St
Grand Junction, CO 81501

Allan Weinand



Allan is a member of the National Genealogical and Mesa County Genealogical Societies

Gentle Yoga for Health and Wellness

After practicing Yoga for almost 10 years I was inspired to attend Yoga Teacher Training. Yoga Teacher Training taught me the enormous benefits of Yoga for everyone especially as we age.

Each hour will start with some yoga history from various yoga traditions then move into a gentle yoga practice including gentle movements, balance work, breath work and meditation. Please bring mats if you have them; we will have chairs if you prefer sitting yoga! (Class limit: 20)

Thu 10/6/22, 9:00 AM-10:00 AM
Thu 10/13/22, 9:00 AM-10:00 AM
Thu 10/20/22, 9:00 AM-10:00 AM
Thu 10/27/22, 9:00 AM-10:00 AM

Institute of Dancing Arts
2148 Broadway Suite C-4
Grand Junction, CO 81507

Laura Daniels



Laura is a 285 hour Certified Yoga Instructor.

Geologic Driving Tour of Colorado National Monument

The driving tour will give an overview of the geologic concepts and processes that created and continue to shape the Colorado National Monument. The tour will stop at five locations where Lawrence (Larry) Anna, a Professional Geologist, will explain the processes that formed and shaped the various rock strata resulting in the incredible beauty of the Monument. He will also discuss how the Monument fits in with the forming of the Grand Valley. A handout will aid identifying the different rock strata and the instructor will explain the processes that formed the different rock layers. The instructor will point out areas of rock folding and faulting.

This is a carpool tour and includes short easy walks. The instructor and host will provide two cars. Attendees are asked to provide two additional cars. The carpool is limited to 4 vehicles because one of the stops has very limited space to safely park. Participants must be prepared to carpool with others in the class.

Class on Wednesday, Oct 5, 2022 (Class limit: 14):

Wed 10/5/22, 9:00 AM-12:00 PM

Meet at the Monument Village Shopping Center parking lot, 2148 Broadway (HWY 340). This shopping center is west of the Redlands Parkway/Broadway(Hwy 340) roundabout.

- OR -

Class on Tuesday, Oct 11, 2022 (Class limit: 14):

Tue 10/11/22, 9:00 AM-12:00 PM

Meet at the Monument Village Shopping Center parking lot, 2148 Broadway (HWY 340). This shopping center is west of the Redlands Parkway/Broadway(Hwy 340) roundabout.

Lawrence Anna



Lawrence (Larry) Anna is a professional geologist with 35+ years in petroleum, groundwater, and uranium exploration and research.

Ghost Towns of Mesa County

Discover some of the abandoned towns and communities in Mesa County through photos, maps, newspaper articles, and other sources in a fascinating look back at the history of our area. (Class limit: 50)

Wed 10/19/22, 2:00 PM-3:00 PM

*Mesa County Public Library
Community Room
443 N. 6th St.
Grand Junction, CO 81501*

Ike Rakiecki



Ike is a librarian who is responsible for the Rashleigh Regional History Room at MCPL.

Google Docs

If you write anything in collaboration with others, this might be a class for you. Whether you are on an HOA board, club officer, or volunteer with others, this class will introduce you to a free way to share a draft with others and get their ideas. Gone are the days of emailing the most recent version to everyone and trying to keep track of their responses. This beginning class on Google Drive and Google Docs will consist of two 1 hour sessions of instruction with each followed by an optional hour of lab time. During the lab time, you will have the opportunity to try out what was learned in the previous hour and get individual help from the New Dimensions Tech Team. Please plan on bringing a laptop to the class (either Windows or Mac). A limited number of laptop loans will be available for those who are unable to bring one. (Class limit: 20)

Mon 10/17/22, 10:00 AM-12:00 PM
Wed 10/19/22, 10:00 AM-12:00 PM

New Dimensions Tech
Team

*Koinonia Church - Sanctuary
730 25 Road
Grand Junction, CO 81505*

Growing Healthy Trees in Western Colorado: Tree Basics

This class is about the challenges of growing trees in western Colorado: tree selection, soil preparation, planting, pruning, maintenance, and insect and disease control. It will be an open discussion so bring your questions, successes, and failures. (Class limit: 30)

Tue 11/1/22, 4:00 PM-6:00 PM

*Eureka! McConnell Science Museum
1400 North 7th Street
Grand Junction, CO 81501*

Tom Ziola



Tom is a certified arborist with a passion for trees and loves sharing that passion.

Hike to Otto's Bathtub

If you have heard of Otto's Bathtub, but never seen it, here is your chance. We will start our hike from the Liberty Cap Trailhead parking lot off of Rim Rock Drive. We will be hiking on a well-developed trail for about 3.25 miles and then the trail follows a slickrock outcropping for about 1 mile. The entire hike, there and back, is about 8 miles with a couple of uphill climbs on the return. We'll have a snack to enjoy as we relax looking out over a view of Monument Canyon that only a few people get to see. We will be hiking between 3 and 5 hours depending on the speed of our group. This hike is listed as "moderate," but it is a long hike. Please be sure to think about your abilities and know you are capable of completing it before joining.

Meeting: Due to the limited parking at the trailhead, we may have to carpool. We will meet at the south end of the Dinosaur Journey Museum parking lot in Fruita at 8:30 to begin our drive up to the trailhead. The drivers will need to have/purchase a parks pass to the Colorado National Monument. (Class limit: 12)

Wed 10/19/22, 8:30 AM-2:30 PM

*Class will carpool and meet at the south end of:
Dinosaur Journey Museum parking lot
550 Jurassic Court
Fruita, CO 81521
(south of the roundabout and south of McDonald's)*

Kevin Hardy



Kevin Hardy

Hike: Pollock Bench Trail

Pollock Bench Trail is located in the Blackridge Canyons Wilderness area with beautiful views of Loma, Fruita and our high desert terrain. You will hike 3 1/2 to 4 hours on a 7-mile, loop trail with a 930 foot elevation gain. This trail is rated as a "moderately easy" hike on a good trail, but the length is the largest challenge as well as areas of uneven ground. The first mile and a half is a gradual ascent with some rock step-ups with good views of Flume Canyon. The next three miles follow along the Pollock Canyon rim going up to the head of the canyon with excellent views of Pollock Canyon. The last part of the hike is down a gentle ridge to meet up with the approach trail. If you are used to hiking up hill and longer distances, this trail will be a good fit. Please be sure to think about your abilities and know you are capable of completing it before joining.

Hikers should bring plenty of water, snacks, good walking/hiking shoes or boots, hat, and sunscreen. (Class limit: 10)

Fri 10/28/22, 1:00 PM-4:00 PM

Go south from Fruita on Hwy 340. Just over a 1/4 of a mile after crossing the Colorado River, turn right on Kings View Road. Follow Kings View approximately 3.1 miles to the Pollock Bench parking area on your left. The parking area is large and has several concrete parking dividers and a vault toilet. You will pass the Devils Canyon parking area in approximately a mile, but continue on to the Pollock Bench Trailhead. We'll meet sometime just before 1:00.

Dave Orton



Dave is an outdoor enthusiast who has led a variety of hikes over the years.

Hiking Rabbit Ears Mesa By the Light Of the Hunter's Moon

This will be a unique hike as we will start hiking at dusk and finish it by moonlight. Rabbit Ears Mesa Trail climbs to the top of a mesa with views stretching from the Bookcliffs and Grand Mesa to the La Sal Mountains. Below us will be the Colorado River and its many canyons. The view is beautiful. We will start the hike so we are at the viewing point at sunset. We will spend about thirty minutes here resting, taking in the view, and having a snack. We will start down during twilight, but use the moon as our guide the last mile or so (headlamps/flashlights should be taken and will be used as needed). This hike is a 6-mile lollipop loop. We will hike a little over half way gaining 700 feet in elevation before we reach the overlook. The developed trail is rated as moderate and is mostly dirt with rock outcroppings. Night hiking is fun and rewarding, but can be challenging. Please consider your comfort level and hiking abilities before joining this hike. (Class limit: 12)

Fri 10/7/22, 3:45 PM-9:00 PM

*Take I70 West toward Mack.
Take exit 2 and turn right.*

We will meet at the Trail Through Time parking lot. Together, we will then drive to the trailhead.

Kevin Hardy



Kevin Hardy

Homesteading, Women's Suffrage, and The Wizard of Oz

Homesteading, Women's Suffrage, and The Wizard of Oz, explores the women's suffrage and homesteading themes in Frank L. Baum's, *The Wonderful Wizard of Oz*. The program highlights the ways those themes remain prominent in retellings of the classic tale. It uses brief vocal music elements to demonstrate the many interpretations of this American fairytale including, songs from the 1939 Judy Garland film: *The Wizard of Oz*. Homesteading, Women's Suffrage, and the Wizard of Oz, is an engaging program that explores the experiences that helped Baum shape his iconic story. (Class limit: 40)

Tue 10/25/22, 10:00 AM-11:00 AM

Zoom

Amber Kirkendall



Amber Kirkendall is the Interpretive Park Ranger/Volunteer Coordinator at Homestead NPS

Identity, Nationality, and Ethnicity in Central Asia

Participants will learn about how the concepts of identity, ethnicity, race, and nationality were constructed in the Soviet Union and China and applied to Central Asia. Embedded in the program are discussion questions about how identity and nationality are constructed in our everyday lives. (Class limit: 40)

Tue 10/18/22, 12:00 PM-1:00 PM

Zoom

Stu McLaughlin



Stu McLaughlin is a second-year PhD student in Central Eurasian Studies at IU Bloomington, specializing in ethnonational identity and Soviet language.

Inexpensive and Accessible Activities on the Western Slope of Colorado

A native of the Grand Valley, Mariah has explored Western Colorado, discovering a variety of points of interest and things to do in the area. All the activities she will share are inexpensive and accessible and within a few miles of the Grand Junction area. You will discover some little known places in your own backyard to visit on your own. (Class limit: 55)

Wed 11/2/22, 6:00 PM-7:00 PM

*Koinonia Church - Sanctuary
730 25 Road
Grand Junction, CO 81505*

Mariah Mason

Growing up in the Grand Valley, she has taken an interest in finding things near her home.

Introduction to Pickleball

Learn pickleball basics in a two-day workshop designed for entry level players. Learn rules for playing doubles, including scoring, court strategy and basic strokes for this fun, popular game. Participants will be playing doubles as well as observing game play. Bring a pickle ball paddle, or if you don't have one, there will be paddles available to borrow. (Class limit: 10)

Tue 10/11/22, 9:00 AM-10:30 AM
Wed 10/12/22, 9:00 AM-10:30 AM

*Bookcliff Country Club
Tennis Courts
2730 G Road
Grand Junction, CO 81506*

Nancy Burford



Nancy Burford is a life long tennis player and pickleball player/instructor

Journey to Danish Flat and Cisco

Join us for a field trip to Danish Flat and Cisco. We will explore the area's history and share a few colorful stories from the time period. The drive is approximately 120 miles round trip. We can coordinate carpooling. Bring a sack lunch or snacks for our stop in Cisco at the Buzzard Belly General Store. (Class limit: 12)

Fri 10/21/22, 9:00 AM-3:00 PM

*Meet at Baker's Boutique near Canyon View Park
726 24 Rd
Grand Junction, CO 81505*

We will carpool from there. Two rest stops near the Utah state line and in Cisco.

Pete Harris



Pete is a researcher of somewhat unknown local history.

Kit Carson: A Frontier Enigma

Christopher (Kit) Carson is arguably one of the most influential frontiersmen in the American West during the mid-19th century. He started as a mountain man and trapper, was pressed into being a guide and Indian fighter, later served as Indian Agent and U. S. Army Officer, but most wanted to be a husband and family man. He became a legend in his own time, often the subject of sensational dime novels. Many see him as the epitome of a frontier hero. However, others see him as the bringer of death and destruction. In this class, we will be introduced to this complicated and contradictory Western character. (Class limit: 40)

Tue 10/4/22, 11:00 AM-1:00 PM

*Koinonia Church - Sanctuary
730 25 Road
Grand Junction, CO 81505*

Peter Booth PhD



Peter MacMillan Booth, Ph.D., is a retired museum profession who has worked in cultural institutions throughout the West

Legacy of the Ute Chief Colorow

The Ute people lived in western Colorado long before Europeans arrived. In some cases, Ute words and names of individuals are still used today. In other cases, the original Ute designation has since been changed to something else. Colorow is recognized in history as one of the more well-known Ute leaders and in modern times he is remembered in many ways. (Class limit: 50)

Wed 10/5/22, 2:00 PM-3:00 PM

*Mesa County Public Library
Community Room
443 N 6th Street
Grand Junction, CO 81501*

Ike Rakiecki



Ike is a librarian who is responsible for the Rashleigh Regional History Room at MCPL.

Library of Congress: Primary Sources in the Arts and Letters

Participants will examine primary and secondary sources from the Manuscript Division collections of the Library of Congress. We will explore the art of communication by examining selected letters and documents created by figures in history. (Class limit: 25)

Thu 10/6/22, 1:00 PM-2:30 PM

*American Lutheran Church
631 26 1/2 Road
Grand Junction, CO 81506*

Sherrie Galloway



Former Educational Resources Specialist with the Library of Congress in Washington, DC.

Look Who's Talking

Why do servers--and lab techs who draw my blood, and clerks, and flight attendants, and coffee baristas--call me 'hon' (or 'sweetie,' or 'girlfriend')? Is a 'dude' the same thing as a 'guy'? Why do adolescent girls also call each other 'dude'? What's the right way to pronounce 'often'? How do you say 'Colorado'? How about Mesa Verde? Is it OK to say 'might could'? Speaking of OK: How in the world did that get started? Is slang an indicator of linguistic identity, or just plain lazy, or something else entirely?

In this discussion-based course, our aim will be to explore the many ways in which language shapes—and reflects—our human and cultural experience. We'll try to answer some of these questions by focusing on two very specific aspects of spoken English: dialect and register. (Class limit: 30)

Tue 10/4/22, 6:30 PM-8:00 PM
Tue 10/11/22, 6:30 PM-8:00 PM
Tue 10/18/22, 6:30 PM-8:00 PM
Tue 10/25/22, 6:30 PM-8:00 PM

*Eureka! McConnell Science Museum
1400 North 7th Street
Grand Junction, CO 81501*

Maureen Neal



Professor of English: CMU (retired), former high school teacher.

Ludlow Massacre and Colorado Coalfield Wars

On the morning of April 20, 1914, Colorado National Guardsmen fired on a camp of 1200 striking coal miners and their families at Ludlow in southern Colorado. In the end, approximately 20 from the strikers' camp were dead including women and children who had burned to death in the tents. Labor union sympathizers retaliated over the next ten days attacking coal company guards and facilities. The violence did not end until President Woodrow Wilson sent in federal soldiers. Throughout what has since become known as the Colorado Coalfield Wars, it is estimated that 69 to over 100 people were killed, thus becoming one of the deadliest labor disputes in U. S. history. This class will look at the causes, actions, and outcomes of this dark chapter in Colorado history. (Class limit: 50)

Tue 11/8/22, 1:00 PM-3:00 PM

*First Presbyterian - Fellowship Hall
3940 27 1/2 Road
Grand Junction, CO 81506*

Peter Booth PhD



Peter MacMillan Booth, Ph.D., is a retired museum professional who has worked in cultural institutions throughout the West

Lure of the West--Smithsonian

Part geography and part mythology, the American West retains a powerful allure in popular culture. Explore depictions of the people, lifestyles, and landscapes of the 19th century West to better understand this dynamic period of history. (Class limit: 30)

Fri 10/7/22, 10:00 AM-11:00 AM

Zoom

Smithsonian American
Art Museum Volunteer

Movies: Mad About Film

We will show films from several different genres. Films are mainly selected from American Film Institute's 100 greatest American movies of all time. Most films shown are considered "classics" and have earned this designation based on critical analysis and acclaim, not necessarily popularity. The presenter will preview the film and facilitate a brief discussion following the showing. The New Dimensions' film license prohibits publishing or marketing film titles in advance of showing. (Class limit: 60)

Fri 10/7/22, 6: 30 PM-9: 30 PM
Fri 10/14/22, 6: 30 PM-9: 30 PM
Fri 10/21/22, 6: 30 PM-9: 30 PM
Fri 10/28/22, 6: 30 PM-9: 30 PM
Fri 11/4/22, 6: 30 PM-9: 30 PM
Fri 11/11/22, 6: 30 PM-9: 30 PM

*Colorado Mesa University
Dominguez Hall, Room 111
1248 Houston Avenue
Grand Junction, CO 81501*

Joe Zeni, Ralph Wilson,
Dick Arnold



Movie Enthusiasts

National Park Stewardship of Natural Resources

National Parks are designated to preserve and protect significant and unique natural and cultural resources. The National Park Service Inventory and Monitoring Program conducts long-term ecological monitoring within National Park sites to develop science-based solutions to promote ecological resilience in these special places. Come learn about these programs and see how data are collected and synthesized into actionable management strategies. (Class limit: 50)

Thu 11/10/22, 10: 00 AM-12: 00 PM

*Koinonia Church - Sanctuary
730 25 Road
Grand Junction, CO 81505*

Claudette Moore



Claudette is a retired aquatic ecologist who enjoys traveling and sharing her adventures.

Nature Journaling

Learn how to draw a simple sketch! A great way to explore your inner artist while observing the wonderful landscapes which surround us. A Nature Journal can be anything you want it to be. Nature journaling is about observing what is in front of us and learning how to do a quick sketch to capture the moment, or a feeling. These simple sketches can be done through paintings, diagrams, maps, cartoons or even stick figures. Tap into your imagination and add poetry, prose, labels, lists, personal reflective writing and more to your sketches. No experience required. There is a supply fee of \$15. For the \$15, the participant will receive a watercolor sketchbook, pencil, waterproof micropen, and travel tin of 12 watercolors. (Class limit: 9)

Tue 10/4/22, 1:00 PM-3:00 PM
Tue 10/11/22, 1:00 PM-3:00 PM
Tue 10/18/22, 1:00 PM-3:00 PM

*First Congregational - Chapel
1425 N 5th St
Grand Junction, CO 81501*

Barbara Miles



Retired attorney sharing her love of Nature Journaling using the right side of her brain

Nature of Time and Space

Time is a complex and fascinating property of the universe. In the past century, the development of high precision time keeping, advancements across the branches of science, and distant observations in the universe have provided a new perspective on the concepts of time and space that differ from our everyday reality. Is time just an illusion, as Einstein suggested? Or is the arrow of time truly moving forward in the way we experience it? This class will delve into these issues, reviewing the historical context and the new theories and observational support targeted to answer open questions. (Class limit: 40)

Wed 10/26/22, 6:00 PM-7:30 PM

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

Scott Perrin



Scott is an amateur cosmologist with graduate level course work in physics and astrophysics.

Opera: Informance on the opera "La Traviata" by Giuseppe Verdi

This class is intended to present information about opera in general, this opera in particular, the composer, and the performers that will enhance your enjoyment of the Met in HD performance at the Regal Theater scheduled for November 5 at 10:55 a.m. The class is appropriate for those new to opera as well as addicted opera buffs as Traviata is an easy and excellent introduction to opera as well as an opera worth studying and hearing many times. Note: Tickets for the live simulcast are typically \$22 for seniors. (Class limit: 50)

Thu 11/3/22, 10:00 AM-12:00 PM

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

Ed Arnos



Opera fan and lecturer. He has studied and sung opera and large choral works for 40 years.

Other Campfires: The Cultural Resources of Colorado National Monument

This is a pictorial introduction to some of Colorado National Monument's archaeological resources, both pre-historic and historic. These discoveries, by no means complete, are the result of a former chief ranger's wanderings through a fantastic landscape. Along the way, a few insights regarding inspiration, tools of the trade, methodology, record-keeping, challenges, and sharing. (Class limit: 45)

Mon 10/17/22, 4:00 PM-5:00 PM

*American Lutheran Church
631 26 1/2 Road
Grand Junction, CO 81506*

Hank Schoch



Hank Schoch is a retired national park ranger and cabinetmaker and a self-taught photographer.

Panel Discussion: Absorbing Other World Cultures

A panel of people who have lived among other cultures (plural) around the world will guide a discussion centered on the themes of ways to develop understanding, acceptance and absorbing, while using the experiences to enrich one's own life. The panelists include four of the following: Don & Alison Regan (lived throughout the Middle East), Barb Bowman (Lived in Germany; extensive travels in Europe), Ken Mabery (Lived in Austria and country of Georgia; extensive travels), Tim Donovan (Lived in various British cultures), Bill Schultz (Lived in Europe), and Grace Poteet (lived in Africa). Moderator: Tim Casey (researched in Europe & South America.)

Class on Thursday, Nov 3, 2022 (Class limit: 25):

Thu 11/3/22, 6:00 PM-7:30 PM

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

- OR -

Class on Tuesday, Nov 8, 2022 (Class limit: 25):

Tue 11/8/22, 4:00 PM-5:30 PM

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

Tim Casey



Dr. Tim Casey has been a Professor of Political Science at CMU since 1996.

Ken Mabery



Ken worked 40+ years for the National Park Service that included international assignments.

Peach Street Distillery Tour

Using local grains and fruits, the Peach Street Distillery produces a range of fine spirits. The tour will cover mashing, fermenting, distilling, aging and bottling techniques as well as some company history and Palisade stories.

Samples will not be provided as part of the tour. (Class limit: 20)

Wed 10/12/22, 11:00 AM-12:30 PM

*Peach Street Distillery
144 South Kluge, #2
Palisade, CO 81526*

Davy Lindig



Davy is Head of Production at Peach Street Distillery

Restore the Balance

Political extremism is a threat to all of us. It has fueled hatred, promoted lies and false conspiracies. It has turned friends and family against one another. Restore the Balance is about influencing change on the local level by rebuilding politics in our local communities to be more civil and fact based. This class will discuss the growth of tribalism, incivility, and invective and what we as citizens can do about it. (Class limit: 50)

Wed 10/5/22, 10:00 AM-11:00 AM

Bernie Buescher

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

Rib (Egg) Style Baskets: a history and evolution

The Appalachian Egg basket is a Rib style basket, traditionally woven from intersecting hoops and evenly spaced ribs. Of Anglo-Saxon origin, this basket style came to America with the early settlers. The curved twin bottom was designed to hold eggs in place and keep them from rolling around. Baskets were traditionally woven from necessity by the early settlers as leather and metal containers were not as readily available in the New World. Over time, basket weaving has evolved from just useful containers to decorative pieces of art. This class will demonstrate the core techniques of a rib style basket, talk about the history of the style and display examples of many variations of this traditional style. (Class limit: 30)

Thu 10/20/22, 1:00 PM-2:30 PM

*Eureka! McConnell Science Museum
1400 North 7th Street
Grand Junction, CO 81501*

Julie Kleinrath



Julie has been weaving since 1990 and teaching since 1993. She published her first book in 2010.

Shooting Better Pictures--Even With Your Cellphone

Cellphone photography is all the rage with nearly everyone having one in their pocket today. This class will discuss how to improve your pictures with better composition and technique even with your cellphone. Tony will cover basic camera terms, how to adjust the settings, explain how digital close-up works, how to compose pictures, how to frame a subject in an image and how to place objects for a more pleasing image.

Class on Monday, Oct 3, 2022 (Class limit: 8):

Mon 10/3/22, 8:00 AM-10:00 AM

*First Congregational - Mayflower Rm
1425 N 5th St
Grand Junction, CO 81501*

- OR -

Class on Wednesday, Oct 5, 2022 (Class limit: 8):

Wed 10/5/22, 8:00 AM-10:00 AM

*First Congregational - Mayflower Rm
1425 N 5th St
Grand Junction, CO 81501*

Tony Hober



Advanced Photography
Hobbyist

Stories of Old Told Through Music and Dance

Through narration and performance, the local band, Fifth Reel, will share the cultural heritage of contra and English country dance, enjoyable whether you dance or not. The playing and calling for both of these dance forms has steered them to many hidden musical gems in our cultural heritage over the years, some in the dances, some in the music and some in the stories behind both. These musicians have years of experience with this art form. (Class limit: 50)

Mon 10/24/22, 2:00 PM-3:00 PM

*Koinonia Church - Sanctuary
730 25 Road
Grand Junction, CO 81505*

Fifth
Reel:
Ron
Young,
Connie
Michael,
Norm
Ashley



They have
taught,
called,
and
played for
contra
dances
and
English
country
dances in
the Grand
Valley
since
1999.

Strategies for Improving Your Cribbage Game

This is a "how to" class for improving your cribbage game. It will involve a lot of questions and answers from class members who already know how to play the game. (Class limit: 30)

Fri 10/7/22, 2: 00 PM-4: 00 PM

*American Lutheran Church
631 26 1/2 Road
Grand Junction, CO 81506*

Tony Hober



Advanced Photography
Hobbyist

The Future of D51

This course will provide an update from the Mesa County Valley School District 51 Superintendent on the state of the district and the newly board-adopted Strategic Plan that will guide the district over the next three years. Come hear about where the district is, where it's headed, and ask questions about how the community can get involved. (Class limit: 50)

Thu 10/6/22, 1: 00 PM-2: 30 PM

*Harry Butler Boardroom
455 N. 22nd Street
Grand Junction, CO 81501*

Dr. Brian Hill



Superintendent of School
District # 51.

U.S Citizenship - Can You Pass the Test?

Have you ever wondered what it takes to become a United States Citizen? If so, this session is for you. It will provide an overview of the path to citizenship, including basic requirements, the application process and the Naturalization interview. This session includes a short quiz on U.S. civics and history that applicants are required to know. Can you pass the test?

Note: This session does not include legal advice or explain the "why's" of the process; rather it provides basic information on the steps to citizenship for those interested in learning more. (Class limit: 25)

Thu 11/3/22, 1:00 PM-2:30 PM

*Mesa County Public Library - Community Room
443 N 6th Street (Central Library)
Grand Junction, CO 81501*

Pat Morehouse



Pat has been an English as a Second Language (ESL) tutor since 1995, Citizenship Tutor since 2016, and a retired business professional.

U.S. Supreme Court--Impartial Umpire or Political Entity

This course will look at the history of the U.S. Supreme Court and how politics have influenced its decisions, including a look at the current Court and the decisions which have made many members of the public believe that the Court is more political than ever. (Class limit: 50)

Wed 10/19/22, 1:30 PM-3:00 PM

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

Glenn Whitaker



Retired trial attorney with 44 years of experience including many constitutional issues.

Ute Ethnobotany Learning Garden Tour

Tour the Ute Ethnobotany Learning Garden, now known as the Clifford Duncan Memorial Garden with Susan Carter and trained docents. They will lead visitors on a guided tour acquainting visitors with the plants and trees found at various elevations on the western slope and learn about their uses in the everyday life of the Ute people. The garden is arranged in several ecosystems to represent the seasonal movement of the Ute people through Western CO. Docents will explain the aspects of Ute structures and culture reflective of their relationship to the land and its wildlife. In conjunction with the Northern Utes of the Uintah and Ouray Reservation and the Bureau of Land Management, the Mesa County and the CSU Extension Tri-River staff developed the garden in 2009 as a research and educational project to preserve traditional plant knowledge of the Ute people.

Please wear sunscreen and consider wearing a hat. There is very little shade. (Class limit: 40)

Mon 10/31/22, 10:30 AM-12:00 PM

*The Ute Ethnobotany Garden
2775 US-50
Grand Junction, CO 81503*

Located behind Mesa County Extension office on the west end of the Mesa County Fairgrounds parking lot.

Susan Carter



Susan is the CSU Extension Tri-River Area Horticulture and Natural Resource Agent.

Vinyasa Flow Yoga

An invigorating class that will strengthen your body, focus your mind, and empower your spirit. Vinyasa Yoga is designed to cultivate mindfulness, integrate breath and movement, and help you achieve balance for the body and mind that will leave you feeling energized, yet calm and centered. All levels welcome. Participants need to bring Yoga strap, block, and mat. (Class limit: 12)

Mon 10/17/22, 9:00 AM-10:00 AM
Mon 10/24/22, 9:00 AM-10:00 AM
Mon 11/7/22, 9:00 AM-10:00 AM

*Institute of Dancing Arts
2148 Broadway Suite C-4
Grand Junction, CO 81507*

Maggie Bruehlman



Maggie is a certified yoga instructor with over 20 years of experience.

Water in the West

Colorado is one of two headwater states in the United States and has also been suffering from drought conditions for the past 20+ years. Founded by a group of farmers over 65 years ago who fought to bring domestic water services to the rural areas of the Grand Valley, Ute Water Conservancy District is recognized as the largest domestic water provider between Denver, Colorado, and Salt Lake City, Utah. Ute Water Conservancy District is responsible for providing domestic water services for 90,000 customers 365 days a year, 24/7, regardless of the drought conditions. This course will address the changes in hydrology that have been seen in the western region of the United States and the impact these changes have done on some of the largest reservoirs in the nation. Additionally, this course will explore the local efforts and tactics that have been used by Ute Water in historical drought years to protect the water supply and meet the demands of the District's customers. (Class limit: 100)

Fri 11/4/22, 9:00 AM-10:30 AM

*Ute Water Conservancy District
2190 H 1/4 Road
Grand Junction, CO 81505*

Andrea Lopez



What Makes a Rock – And Other Geologic Curiosities

A class on geologic basics, this course introduces you to the four basic rock types (Sedimentary, Metamorphic, Igneous, and Volcanic) and their life cycles. Past and present geologic processes (faulting, folding, fracturing, landscape forms, etc.) will be explained. We will discuss these geologic processes, common uses of some rocks, why scale of observation matters, how rocks are preserved, and how rocks help interpret past climate events. (Class limit: 50)

Wed 11/2/22, 9:00 AM-11:00 AM

*American Lutheran Church
631 26 1/2 Road
Grand Junction, CO 81506*

Lawrence Anna



Lawrence (Larry) Anna is a professional geologist with 35+ years in petroleum, groundwater, and uranium exploration and research.

What's Changing in Newspapers, and at the Daily Sentinel

Things have been changing in the print media world and at the Sentinel over the past years. Jay will discuss the current situation, his concerns, and will invite participants' comments and questions.
(Class limit: 50)

Thu 11/3/22, 9:00 AM-10:30 AM

*Koinonia Church - Sanctuary
730 25 Road
Grand Junction, CO 81505*

Jay Seaton



Publisher, The Daily Sentinel

Whiskey Town Rocks

Whiskeytown National Recreation Area has unique geologic formations that have been described as "a mess" by our own geologist. Shasta Bally, our tallest mountain, is made of decomposing granite that creates a special set of hazards, especially when combined with the devastating effects of the 2018 Carr fire. Come investigate what sets our local geology apart, the hazards it has created, and why we should study the landscape around us. (Class limit: 30)

Thu 11/3/22, 11:00 AM-12:00 PM

Zoom

Tyler Compton



Tyler Compton is an Interpretive Ranger at Whiskeytown National Recreation Area.

Word Play

Because of its history, development, and evolution over time, the English language has an almost infinite capacity for pure FUN (and mischief). In this one-time session, we'll first take a whirlwind tour to explain how our phonology (sound system), orthography (system of spelling and writing), lexicon (vocabulary), and semantics (word meaning in context) determine meaning in English. Note that these elements of language also contribute to a great deal of confusion--some of it fun and some of it serious.

So: What linguistic components create the humor in jokes? How do puns work? What is a Freudian slip? Are homophones good for the English language or not? More questions: How does dialect difference contribute to humor and word play? How does the language of advertising make use of word play? Does hyperbole serve a purpose? Can punctuation ever be funny?

As you can see, a little knowledge about language and language structure goes a long way in this short course, but anyone who uses language--and yes, that includes all of us!--should feel comfortable in this session. (Class limit: 30)

Thu 10/6/22, 6:00 PM-8:00 PM

*Eureka! McConnell Science Museum
1400 North 7th Street
Grand Junction, CO 81501*

Maureen Neal



Professor of English: CMU (retired), former high school teacher.

World Flags: A Cultural Perspective

How did the idea of national flags come about? What is the oldest country flag in continuous use? Why is the British flag called the "Union Jack?" Culturally, what is the most popular family of flags today? What was the first family of flags to be dictated by political ideology? Religious faith? These and so many more Socio-cultural perspectives of the world will be explored through the examination of flags. (Class limit: 45)

Tue 10/11/22, 4:00 PM-5:30 PM

*Unitarian Universalist Sanctuary
536 Ouray Avenue
Grand Junction, CO 81501*

Ken Mabery



Ken worked 40+ years for the National Park Service that included international assignments.